Dear Parents,

A posture of openness

It was said about a disciple that he endured seventy weeks of fasting, eating only once a week. He asked God about certain words in the Holy Scripture but God did not answer. Finally, he said to himself: “I have put in this much effort, but I haven’t made any progress. So I will go to see my brother and ask him.” When he closed the door and started off, an angel of God was sent to him and said, “Seventy weeks of fasting have not brought you near to God. But now that you are humble enough to go to your brother, I have been sent to reveal the meaning of the words.” Then he explained the meaning of what the old man was seeking, and went away.

To close ourselves off from the wisdom of the world around us in the name of God is a kind of spiritual arrogance exceeded by little else in the human lexicon of errors. It makes life a kind of prison where, in the name of holiness, thought is chained and vision is condemned. It makes us our own gods. It is a sorry excuse for spirituality. The sin of religion is to pronounce every other religion empty and unknowing, deficient and unblessed. It is to ignore the call of God to us through the life and wisdom and spiritual vision of the other. The implications of that kind of closing out the multiple revelations of the mind of God are weighty: once we shut our hearts to the other, we have shut our hearts to God. It is a matter of great spiritual import, of deep spiritual implications.
The voice of God within us is not the only voice of God. Openness is not gentility in the social arena. It is not polite listening to people with whom we inherently disagree. It is not political or civil or “nice.” It is not even simple hospitality. It is the munificent abandonment of the mind to new ideas, to new possibilities. Without an essential posture of openness, contemplation is not possible. God comes in every voice, behind every face, in every memory, deep in every struggle. To close off any of them is to close off the possibility of becoming new ourselves.

—from *Illuminated Life* by Joan Chittister (Orbis)

*May Brigid Bless the House Wherein you dwell*

Ms Kate Edmondson  
Principal

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**FROM THE ASSISTANT PRINCIPAL**  
Kate Edmondson  
Ms Edmondson is on sick leave for the next two weeks. We have Ms Janet Freeman here as relieving Principal during this time.

**Year 12 Parent/Teacher Afternoon**  
All parents would have received a letter via email informing you about the Parent/Teacher afternoon to be held on Wednesday May 20th. All girls will **finish school at 1:05pm** on this day, unless they have a scheduled exam:

- All students in Year 8 completing MUSIC (8MU1, 8MU3, 8MUS) have an exam at 1:40pm and will remain at school until the conclusion of the exam
- All students in Year 10 completing COMMERCE (10COM1, 10COM2) have an exam at 1:40pm and will remain at school until the conclusion of the exam

Exams will not go beyond 3:20pm

**Girls in the above classes should bring their lunch to school as usual.**

If your daughter is not in one of the above classes but requires supervision at school on Wednesday 20th May from 1:05pm until 3:20pm, please complete the slip on the letter sent home and have your daughter return it to her Home Room Teacher by the 18th May 2015.

**SENTRAL Parent Portal**  
If you have not yet registered for access to the portal please do so. You will require access to this portal to make interview times with your daughter’s teachers in the upcoming parent/teacher interviews and to gain access to your daughter’s report.
You must register with your own email address, not your daughter’s. If you have any questions regarding this, please email Michael Rawlings michael.rawlings@syd.catholic.edu.au

7 – 10 EXAMINATIONS

Students in Years 7 – 10 are about to undertake their half yearly exams over the coming weeks, with Years 11 and 12 already completed. Exams and assessments are but one way of informing students of those areas in which they have been successful and those areas needing improvement. This period is also a time for students to be prepared and for further development in their organisational skills. It is vitally important that students do not leave preparation and completion of tasks till the last minute. If you fail to prepare, you must prepare to fail.

Thus, girls must use their time productively, both at school and at home. Below is an example of a simple yet effective strategy that students can use. You as parents may wish to encourage your daughters to use this plan.

1. Students should set goals for each week. Don’t set too many, be realistic and leave yourself enough time to handle unexpected tasks that will always come up. Don’t plan to do study when you know you’re at sport training or working.
2. Make up a daily schedule to achieve these goals. The School Diary would be suitable for this. After you list your goals, set priorities and schedule time for each step towards achieving the goals.
3. Follow the plan. Don’t make the mistake of setting a plan and then ignoring it. Plan your work then work your plan.
4. Review your goals. At the end of each day, work out what worked and what didn’t and why. Learn from this experience.
5. Reward yourself. Give yourself something to work for. If you have achieved a goal don’t be afraid to reward yourself, even in only small ways.
6. Remember to make sure you are eating right, sleeping well and exercising.
7. ALWAYS REMEMBER TO THINK POSITIVE.

It is essential that students remain focused, think positive and strive for their personal best in all they do. Students should realise that they can always make a difference to their achievement and performance if they try – IT IS NEVER TOO LATE.

Absences and providing notes for being late to school – Policy Change

The government has recently changed the guidelines around attendance at school. If your daughter is absent from school due to illness or late to school because she has been at a medical appointment, you must provide a medical certificate to justify this full or partial absence. Notes that are vague and state that a student has been at an appointment, family issues or transport must now be regarded as unjustified full or partial absences.

Uniform Policy

Just a reminder that the girls must wear their blazer to and from school every day unless they have sport that day.

Girls are not to wear hoodies, or jumpers that are not part of the uniform. Likewise, multiple earrings, nose rings, nail polish and makeup are not
to be worn. Girls will receive an afternoon detention and will be required to either remove the earring, the nail polish and/or makeup at school.

In wet weather, girls are allowed to wear a plain navy or green spray jacket. This jacket must be completely free of advertising/logos etc... **The College sells plain Navy spray jackets at the uniform shop.**

We appreciate your support as parents in this matter and ask that you ensure your daughter is in the correct uniform before she leaves home.

**Staff Professional Development Day – Term 2**
The Term 2 staff professional development day will be held on Friday 5th June 2015.

**Dates to Note:**

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>19/5/15</td>
<td>• UTS Speaker (Lunch for Year 12)</td>
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<td>20/5/15</td>
<td>• Year 8 &amp; 10 Exam Block (20th-22nd May)</td>
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<td>• CGSSSA Basketball</td>
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<td>• Year 12 Parent/Teacher Interviews</td>
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<td>• Macquarie Uni Year 10 Info Night (5:30pm)</td>
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<td>22/5/15</td>
<td>• Round 6 Debating</td>
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<td>25/5/15</td>
<td>• Year 7 &amp; 9 Exam Block (25th-27th May)</td>
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<td>• Sydney Uni Speaker (Lunch for Year 12)</td>
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<td>27/5/15</td>
<td>• Reconciliation Week begins (27th – 3rd June)</td>
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<td>28/5/15</td>
<td>• Year 8 Science Incursion</td>
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<td>29/5/15</td>
<td>• CGSSSA Cross Country</td>
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<td>• Year 12 Extension History Excursion</td>
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<td>• Aboriginal &amp; Torres Strait Islander Serviceman &amp;</td>
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<td>Women Commemoration Service (Hyde Park)</td>
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Thank you for your continued cooperation and support.

**Brigid Taylor**

**Assistant Principal**
UNIFORM NEED ALTERING?
Too long, too tight, elastic not right? I have over 50 Years experience in sewing and doing alterations and now I do them for my Grandson’s uniforms! If you need prompt, affordable help with making those uniforms fit just right, please call me. I can also come to the uniform shop if you need help with fitting. Tina 9399 8009 or 0410 540 084

BRIDGIDINE TAS SHOWCASE NIGHT THURSDAY 18 JUNE COMMENCING AT 5.30PM

The TAS night is a very special night of the year at Brigidine and the school would like to thank those parents who have generously offered their support for the night in regard to selling raffle tickets on the night and selling tea and coffee and soft drinks.

However, our hampers are not yet complete. This will be the last "Call-out" for donations toward the themed hampers. ("Wine and Dine", "Pamper Hamper" and "Home and Away") Could those parents who intend to donate gifts toward the hampers please do so by the end of May. Your generosity will help us create luxurious hampers for our raffle.

At the TAS night the girls will use a catwalk which has been purchased from the proceeds of the raffle and the beverages on the TAS night in previous years. Money raised this year will also be spent in providing resources for the TAS department.

Please email me if you are able to assist with the fundraiser at the TAS night on 18th June 2015.

may.chidiac@syd.catholic.edu.au
Brigidine College Randwick
Presents

The 2015

Good Food and Design SHOW

ON
June 18th

Tickets on sale in D15
Mon May 30th, Tues May 31st,
Wed June 1st & Thurs June 2nd
at recess and lunch

$10 each or
$35 for a family of four
Good Food & Design Show 2015

Drawing Competition

Your chance to win some great prizes!

Simply create an image
(using any media of your choice on A3 or A4)
to represent this year’s
Good Food & Design Show theme:

BLACK & WHITE - Illusion vs Reality

Entries to Mrs Lee or Mr Hainsworth
or send to moly.lee01@ay.catholic.edu.au
by Friday 5th of June.

“Dream delivers us to dream, and there is no end to illusion.
Life is like a train of moods like a string of beads, and as
we pass through them, they prove to be many-coloured
lenses which paint the world their own hue…”
- Ralph Waldo Emerson
Inroads Schoolies

Permission to Chill

The Smart Alternative

Take the plunge and come to Fiji on an Alternative Schoolies Experience. Relax, kick back and enjoy the island activities while also making a difference on a range of immersion programmes:

- Swimming
- Snorkelling
- Island Hopping
- Kayaking
- Building Projects

www.inroadsschoolies.com
schoolies@inroads.net
1800 819 156

21 Nov - 28 Nov 2015 $1860
or
28 Nov - 05 Dec 2015 $1860
Day 1 - Bulu' Welcome to Fiji
- Arrival into Nadi.
- Orientation Meeting and explore the Eco-Lodge and surrounds.
- Formal sunset “savusavu ceremony” (a traditional welcoming ceremony).

Day 2 - Day 6 - Immersing with the Fijian People and the Local Community Projects
- In the mornings you will be immersed in the local community initiatives:
  - Lend a hand with building and infrastructure programmes.
  - Teaching English to primary school students.
  - Preparing traditional meals and delivering them to families in need.
- In the afternoons you will enjoy the natural wonders and exotic beauty of Fiji:
  - Cool off and unwind in the pool or play soccer.
  - Explore the underwater world and go snorkeling at the local beach.
  - Visit the mud pools and scrub the pressures of exams away.
  - Enjoy the feeling of freedom while surfing the Sigatoka Sand Dunes.
  - Shop for souvenirs and handicrafts at the local markets and shops in Nadi.
- In the evenings enjoy themed nights and activities to complement your meals: Fijian meke (traditional Fijian fire dancing), Indian curry nights, henna painting and traditional BBQ's.

Day 7 - Island Hopping Excursion
- Relax and soak up the sun on a boat for a full day island hopping excursion!

Day 8 - Moce “Goodbye”
- It’s time to say goodbye to the people and the island which have captured your heart and imagination.
- Soak up the last rays of Fijian sunshine and bid Fiji “Farewell”!!

Mrs Robyn Ross
Youth Ministry Coordinator
SPORT NEWS

Congratulations to the Brigidine surf team who competed at the Regional School Surfing event on the 7th & 8th May at Cronulla Beach. The team was made up of Brooke Emerson, Caitlin Duffus and Charlotte Wilson. Caitlin and Charlotte competed well in their hotly contested heats. Brooke made it to the semi final and just missed out on a berth in the final by 0.15 of a point. The girls showed great sportsmanship in their competition and should be proud of their achievements.

Mrs Kate Elder
PD/H/PE Department
STUDENT LAPTOP COMPUTERS – BACKING UP IMPORTANT FILES AND GENERAL CARE

Backing Up to USB Drive – some points

- It is important that students use the USB back up drive they have to save their important files for their subject notes and assessments on a regular basis.
- If their laptop has a malfunction close to an assessment being due, it cannot be used as an excuse for late submission of that assessment.
- If a sequence of backups has been done regularly onto a student’s USB drive, the desktop machines in the College Library can easily be used to complete an assignment saved on the USB drive and to facilitate printing the assignment.
- It is wise to print copies of assignments at various stages, and keep notes made in compiling an assignment anyway - as proof that work has been done progressively on the task and as an insurance against technology failure.

A formal Windows Back Up can be done with the USB drive as the destination. In most cases, however, copying and pasting a folder containing important files from the laptop to the USB Drive is a more simple process and it is easier to reclaim a lost or damaged file this way for most students.

Students can consult their Technology Teachers in class if they need guidance on how to back up their important files to their drive, or see Mr Lin in the College Library most morning recesses or lunchtimes. A logical set of labelled folders is essential for laptop files and USB backups, so that any file that needs to be restored can easily be located.

Google Drive:

– Web “Cloud” Storage using

- The Catholic Schools’ Cloudshare system allows all students to have unlimited storage on their own “Google Drive.”
- This is “cloud based” storage via the Web that is a further insurance for important files, in case laptop and/or USB drive are lost, damaged or stolen. Students are very much encouraged to use this (and the Year 7 Boot Camp covered this means of storage).
• Students can upload their files to their Google Drive subject folders as another means of safeguarding them in case of laptop failure.

• The files also become accessible to the student anywhere they have Web access using their CEnet login.

• The Teacher Dashboard (TD) system used by the College also allows teachers to direct copy worksheets etc. for their whole class to the formal TD class subject folders in each student’s Google Drive (so each student has a copy).

**General Laptop Care – Some Points**

Parents are asked to encourage their daughters to remember the following points and to comply:

• **The hard shell case must be used around the College and also between home and school** – it is a condition of the leasing agreement.

• Laptops are not be left on classroom floors/tops of lockers or out in the yard at school – students must place the laptop in their locker and carefully lock it - for recess and lunch.

• Laptops should be used in sensible locations; indoors preferably. Use in the school yard or outdoors at home can result in water damage (from rain or spilled drinks) or screen/chassis damage from mishaps like dropping or stepping on machines in the often crowded spaces – with all the physical activities associated with a busy school yard going on around any would-be laptop user(s).

• **Any damage/operating problem and repairs needed should be logged via our job-log system in the school library.** (This is also an important condition of the leasing agreement – so the extended warranty on HP machines is not made void).

• **No stickers, or graffiti must be put on any of the leased machines by students.**

Mr M Rawlings
IT Administration
Dear Parents,

The Science Department has booked forensic science workshops for your daughters in years 8 & 10. The workshops bring classroom science to life and enhance the learning experience by allowing them to become Forensic Scientists and solving real life crimes.

To solve the crime students must examine the evidence and use deductive reasoning to build a case to prove who did it, what happened, how and why it happened. The CSI workshops are scheduled Year 8 on May 28th and Year 10 on June 3rd.

International Science School for BCR Year 12 Student, Jaynell Vila

This month, I found out that I have been accepted into the International Science School (ISS), a two week, all expenses paid program, run by the University of Sydney’s School of Physics during the winter holidays. You can only enter through a scholarship basis where there were only 140 spots, so I was very lucky to get in. I had to submit my marks from the previous year, a personal statement saying why I wanted to join the program and a letter from the principal. So thank you to all my teachers and to Ms. Edmondson for helping me to gain acceptance into this program.

I’m really excited about doing the different experiments and exploring all the research labs, as it’s something that I want to do after school. There are also many lecturers who are going to be attending to talk about their research like Professor Jennie Brand-Miller, who developed the glycaemic index, and is currently researching the diets of pregnant women, with the aim of reducing child obesity; and Dr Anita Ho-Baillie, who has done research in solar cells, which is going to be an important source of energy as the levels of fossil fuel continue to decrease.
But it’s not all about science, there are also many social activities in the evenings like a cruise in Darling Harbour, trivia nights and movie nights.

I can’t wait until the winter holidays, and I’ll report back with my experience at ISS2015: BIG.

Jaynell Vila

This is available to year 11 and 12 students every year. Please use the link to find out more
http://goo.gl/wMSzoq

**STEM CLUB**

Stem Club is up and running every Wednesday afternoon. The photos below show some of our “engineers” at work.

For next term, I am delighted to say that BCR is purchasing Lego robots and programming software for the Club.
For more than three decades, LEGO® Education has built a track record in STEM education by providing resources that are engaging, familiar, and relevant to young learners so that teachers can deliver high-quality, hands-on curriculum that encourages creativity and problem solving while strengthening the abilities and skills needed for students to be successful in the core classroom.

By integrating LEGO Education middle school solutions into our Club, we will have the latest standards-based curriculum, teaching tools, and age-appropriate hardware and software that will turn our Club into a dynamic, performance-boosting learning environment.

By offering student-driven and easy-to-use materials, we want our Club environment to reinforce and enhance the learning occurring throughout the school day, setting our students on a path to future success.

All LEGO Education programs are designed to:

- Enhance student engagement.
- Require problem solving and critical thinking.
- Encourage students to make real-world connections.
- Develop collaboration skills.

Thanks for reading

Mrs Phyllis Tapp
Science Coordinator
CAREERS NEWS
Open Days and Information Evenings

AIE Information Evening
25 June
Wattle Street, Ultimo

Australian Institute of Music Live at the Apollo Showcase
12 May to 16 May. Various times.
AIM Concert Venue, Foveaux St, Surry Hills
Gain insight into studying tertiary music.
Contact: vents@aim.edu.au

AFTRS Information Day
30 May
Building 130, The Entertainment Quarter, Moore Park
http://www.aftrs.edu.au/events/aftrs-open-days

Event Management/Travel &Tourism/Sports Business Career Taster Days at Macleay College in July
Find out more here http://goo.gl/fEB6FW

Information Session Sydney Design School
28 May. 6pm
Find out more about career opportunities to become an Interior Designer or Decorator. Learn more about our courses, walk around our state of the art campus and see our amazing students work.
Register now or call us for more information (02) 9437 1902 or http://sydneydesignschool.com.au/info-sessions/

HSC Enrichment Days Australian Catholic University
Free. Listen to lectures from University academics who have set and marked the HSC. Subjects include Business Studies, Economics, English and Legal Studies.
Strathfield Campus. 2 July – Economics and English.
North Sydney Campus. 9 July – Business Studies and Legal Studies.

University of Sydney Open Day
29 August
Camperdown
http://sydney.edu.au/open_day/

University of Western Sydney Open Day
30 August, 10.00am to 2.00pm
UWS Parramatta Campus.

Macquarie University Student and Parent Information Evening
20 May . 5.30pm to 8.30pm
Years 10s. Hear from UAC on application procedures, as well as the opportunity to speak to current students to get your questions answered. Register now at http://mq.edu.au/study/undergraduate/events
http://mq.edu.au/study/undergraduate/events

Macquarie University Campus Tours
23 June, 3 July, 25 September, 19 November. 10.30am to 12.00pm
Tours begin at the Macquarie University library.
http://mq.edu.au/study/undergraduate/events/

Macquarie University Open Day
12 September
North Ryde
http://www.mq.edu.au/openday/

University of Newcastle Open Days
Port Macquarie Open Day 6 August
Central Coast Open Day 15 August
Newcastle Open Day 22 August
Contact: +61 2 4921 5000
http://www.newcastle.edu.au/future-students/key-dates

ADFA Open Day
29 August, 9.00am to 4.00pm
Northcott Drive in Campbell, ACT
Contact: +61 2 6268 8201 or student.recruitment@adfa.edu.au
http://www.openday.adfa.edu.au/about.html

University of Canberra Open Day
29 August
University Drive, Bruce
http://www.canberra.edu.au/openday

Australian Catholic University Open Day
North Sydney 5 September
Strathfield 12 September
http://www.acu.edu.au/study_at_acu/courses/applying_to_acu/experience_uni_before_you_start/open_day

University of Notre Dame Open Day
29 August, 9.00am to 3.00pm
Broadway Site, 104 Broadway, Chippendale
Contact: (02) 8204 4404 or psosydney@nd.edu.au
http://www.notredame.edu.au/openday/

UTS Open Day
29 August, 9.00am to 4.00pm
UTS City Campus
http://www.uts.edu.au/future-students/open-day

University of Wollongong Open Day
15 August
Northfields Avenue, Wollongong

Australian National University Open Day
29 August, 10.00am to 4.00pm
Contact: student.recruitment@anu.edu.au
http://www.anu.edu.au/study/events/anu-open-day-2015

The University of Sydney Year 10 Information Evening
3 June and 22 June, 6.00pm to 8.00pm
Topics discussed include
- ATAR, scaling and assumed knowledge
- Subject selections
- Career pathways
- University transition

University of Sydney Scholarships Information Evening
16 June, 6.00pm to 8.00pm
Year 12 students - tips on completing the Sydney Scholars application.

Year 10 guide to HSC subject selection
Sets out the key decision points, entry scores for 2015, and lists assumed knowledge by field of study rather than by institution. Available (10 or more copies) at $5.00 a copy plus $15.00 postage from The Graduate Connection, directory@grad.com.au

UOW College, Spring Session Information Evening
19 May
Find out about alternative pathways to UOW, as well as vocational courses to help students start their career. Staff will answer questions on fees, enrolments, career paths and more. App closing date for Spring: 29 May | 6.00pm to 8.00pm, UOW College, Building 30, University of Wollongong. Register now! http://www.uowcollege.edu.au/about/events/index.html

Bond University Bond with Bond
11 June, 6.30pm to 8.30pm
State Library of NSW, Macquarie Street, Sydney
Contact: Kayla Warner on 0418 556 880 or kwarner@bond.edu.au
http://bond.edu.au/future-students/study-bond/see-yourself/bond-bond

University of Sydney School Duxes Place Guarantee
Gap Year Information
Hope & Home Gap Year Volunteering in Asia
Projects in Nepal which include volunteering with orphanages, teaching English, and volunteering with medical centres.
Contact: info@hopenhome.org
http://www.hopenhome.org

Choosing a Volunteering Agency Checklist
Australian Volunteers International, an independent not for profit organization, has developed a guide for selecting an ethical, trustworthy and safe international volunteer agency.
To view their guide, visit:
http://www.australianvolunteers.com/volunteer/resources/choosing-a-volunteering-agency/

YFU Student Exchange Online Information Session
19 May, 5:30pm to 7pm
Email yfuaus@yfu.com.au or phone 1800 654 947 to register.

Antipodeans Abroad Information Sessions
Language Immersion Night 19 May, 7.30pm to 8.30pm
GapBreak Information Night 20 May, 7.00pm to 8.00pm
Unibreak Online Information Night 26 May, 6.00pm to 7.00pm
Level 3, 182 Blues Point Road, McMahons Point

Holiday Workshops - Career Skills

TURNING POINT EVENT DETAILS

Date: Monday 29 June
Time: 9.00 – 12.00 pm
Date: Wednesday 8 July
Time: 12.00 – 3.00 pm
Location: Trinity Grammar School, Lewisham
COST: $30 per head + GST

Enquiries: Kathryn Taylor
0478 570 767
kathryn@turningpointconsulting.com.au
Registrations: turningpointconsulting.com.au/events

Heard from hiring professionals within recruitment and business, students will hear what is important in their resumes and how the interview process works. They will have the chance to have their resume reviewed by a hiring professional.

ATTENDEES
Year 10-12 high school students, university and further studies

WORKSHOP OUTCOMES
At the completion of the workshop students will have a clear understanding of current employers expectations. They will obtain an understanding of the language of recruitment and be able to better plan their job hunt with greater understanding of job search strategies, resume writing and interview skills. Attendees will be involved in an interactive learning environment and have the chance to ask a hiring manager their questions.

WORKSHOP DETAILS
Topic 1: How do you find a Job?
Topic 2: Top Resume Tips
Topic 3: What happens in an Interview?

OPTIONAL RESUME REVIEW
Following the workshop attendees will be able to have their resume reviewed by a professional healthcare recruiter at a discounted rate. Registration for resume review is essential. Please include in your comments field of registration to hear more.

KATHRYN TAYLOR BEd CAHRI MACE (Owner & Director, Turning Point Consulting)
Kathryn offers schools, educators, students, parents and associations support in creating a platform for positive career evaluation, planning and transition. Over 16 years expertise in human resources, talent management and career coaching in educational and corporate sectors, she provides insight to link education and expectations of the changing workforce. Read more at turningpointconsulting.com.au.

Supported & Hosted by

Ms Jennifer Nicolas
Careers Advisor
Effective Parenting Course

When: Monday evenings 25th May – 22nd June, 2015 (N.B. as Monday 8th June is a public holiday, the group will be held on Tuesday 9th June instead)

Time: 6:00 PM – 8:00 PM

Where: WAYS Youth Services, 63a Wairoa Ave, Bondi Beach

Register: or for more information contact Olivia or Kelly on: (02) 9365 2500

“This course is one of the most beneficial things we have done as parents. Everyone should be taught these strategies”

ENGAGING ADOLESCENTS™

PARENT WORKSHOP

Parenting skills for resolving teenage behaviour problems

Maintaining positive and constructive channels of communication is one of the most important skills that adults must have when living with teenagers. This workshop aims to provide parents with effective tools and strategies in the following:

- Identifying normal and acceptable teenage behaviour.
- Family life with teenagers and how to build positive and respectful relationships.
- How to manage challenging behaviour from your teenager.

WHEN: Saturday 27th June 2015

WHERE: Central Library, Eastgardens
Westfield Eastgardens
Ground Floor, Banks Avenue, Eastgardens

TIME: Please arrive at 9:15am for registration.
The course runs from 9:30am to 4:00pm

COST: $20.00 (includes course workbook)
- morning tea, lunch and afternoon tea provided

BOOKINGS: Please contact Patrick or Yasemin on 9365 3889 or communitieservices@botanybay.nsw.gov.au

UNFORTUNATELY THERE IS NO CHILDMINDING FOR THIS GROUP

This group has been proudly sponsored by Botany Bay City Council and in a partnership with The Dori Women & Children’s Centre

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

*This course is being run by a Parentshop™ trained practitioner. www.parentshop.com.au
Exercising the whole body

On Monday, Wednesday and Friday afternoons 6X are running group fitness training sessions for students in Years 7 – 12.

It's called TOTESFIT and can accommodate between 15 and 20 participants in each session. The programs are predesigned meaning everyone trains at their own speed and capabilities with a challenge at the end of the session for anyone who finishes early.

1 Session - $10
5 Sessions - $40
Unlimited (10 weeks) - $160

If interested download the 6X app "6X TRAINING" and register for next week.

www.6x.com.au
Barnardos Beach Bolt

Coogee Beach
Sunday 14 June 2015

Do it tough for kids doing it tough

Get a team together or go solo & help us raise money for kids in need

Have your friends, family and teachers support you and win great prizes

One mile, one day, one cause

Sign up today & outrun child abuse

www.beachbolt.com.au

Proudly sponsored by

Titan Fitness Coogee

Coogee Bay

Randwick City Council

All proceeds go directly to Barnardos Australia to help children in desperate need.

Barnardos Australia

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ALL NOTICES WILL NOW BE IN NEWSLETTER FOR 2 MONTHS ONLY, UNLESS REQUESTED TO KEEP THE AD GOING

UNIFORM ITEMS FOR SALE

Take all items list for $200.00 Firm
Various Sizes

3 x Junior Summer Dresses
1 x Blazer
1 x Jumper
4 x Sport short sleeves Polo shirts
2 x long sleeve Polo shirts
3 x track pants
3 x track jackets
1 x Junior Skirt
2 x Long Sleeve Blouses
1 x Senior Skirt
2 x Senior Short sleeve blouses
1 x Blazer
1 x Jumper
1 x haversack
1 x white apron

Please contact Pauline on 0401 965 788

Brigidine Blazer (all in great condition, no marks etc) for sale as follows:
1 x Blazer – Age 16 - $60.00 (dry cleaned, like new)

Accessories also for sale – include Brigidine Green Bag, Science and cookery aprons, navy cap, navy library bag. – The lot $75.00

Call Joanne on 0438781158

### Junior Summer Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dress</td>
<td>10</td>
<td>$20</td>
</tr>
<tr>
<td>Blazer</td>
<td>14</td>
<td>$50</td>
</tr>
<tr>
<td>Pullover</td>
<td>12</td>
<td>$45</td>
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### Summer Sport Uniform

<table>
<thead>
<tr>
<th>Item</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Short Sleeve Polo</td>
<td>10</td>
<td>$5</td>
</tr>
<tr>
<td>Shorts</td>
<td>10</td>
<td>$5</td>
</tr>
</tbody>
</table>
Swimming Costume size S $10

Junior Winter Uniform
Skirt size 4 $65
Long sleeve Blouse size 10 $15

Winter Sport Uniform
Track Jacket size 10 $20

Compulsory Accessories
College Back Pack $35
Excursion back-Havasack $5
Navy Apron $5
White Apron $5

My contact number is 04 0623 777 4 (Jiva)
The best time for me to be contacted is after 6:00 pm during week days and any time on the weekend.

School Blazer Size 16 $145 (excellent condition, worn a few of times only)
Contact - Jenny on 0403 257 204

Blazer Size 16 Excellent Condition $50
Call Monica on 0425 231 746

COLLEGE BLAZER size 14 GOOD CONDITION $30
COLLEGE BACKPACK GOOD CONDITION $10
COLLEGE KILT size 8 GOOD CONDITION $20

Please contact Therese on 0411099288

Brigidine College Uniforms, Accessories for Sale

<table>
<thead>
<tr>
<th>Item</th>
<th>Condition</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dress</td>
<td>Very Good</td>
<td>16</td>
<td>$30</td>
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</table>

Please contact: Belle Kong (parent) at 0430 020 629 or email:
belle.kong@yahoo.com.au.