Dear Parents,

I am writing this on Ash Wednesday. Mrs Day our Religious Education Coordinator has organised a ceremony for the blessing of the ashes so each student will have the black mark on her forehead. Wearing the ashes on our foreheads for the day is a sign to ourselves and the world that we are people who know that we have ephemeral bodies with spirits that belong to eternity. Catholics have other rituals that belong to Lent; praying the Stations of the Cross on a Friday night and eating fish on a Friday. It is most helpful I think not to see these as rules we are forced to keep but are rather activities of a Catholic culture that aligns with Godly values. It can only help us to grow in compassion by thinking deeply on the death and resurrection of Jesus and how it is that we make meaning in our lives. The eating fish idea comes from a time when red meat (including chicken) was seen as a luxury and Lent is a time when we do without luxuries. Fish today is expensive; the custom remains. Tinned fish can certainly be a sacrificial meal!

The other important custom is alms giving: having less so that others, with much less, can have more. Your daughters will come home and will tell you that each family at Brigidine is asked to give $10 during Lent. Each year some families give more than this amount and use the opportunity to make, what is called in Catholic culture, “our Lenten sacrifice”. I ask all parents to encourage their daughters to do without something themselves to come up with the $10.
The girls won’t be told here at school to go home and ask Mum and Dad for the money. That is too easy for the girls and it is not training them to think about where money comes from and what it feels like to have no money and no opportunity. This is called experiential learning. It is also good for them to experience their own sincerity and their growing integrity. Coming up with $10 over forty days is pretty achievable for our girls if they put their minds to it. The money is handed in here at school and then cheques are posted to Caritas (the worldwide charity of the Catholic Church) and to the charities of the Archdiocese of Sydney. More about “Project Compassion” later in this newsletter.

Opening School Mass 2015. Our Opening School Mass is always as close as possible to the feast of St Brigid which is 1st February. Students from the HSC class of 2014 returned to receive an award for receiving a Band 6 result and to listen to the Dux of the class speak to the school. This year, Chantelle Liew was Dux and she made a beautiful speech filled with wonderful advice to the girls on how to be a successful student. She is shown below with her family.

Camp Gallipoli  Over Anzac Day this year there will be an Australian wide event called "Camp Gallipoli" The committee set up to celebrate the centenary of the Gallipoli landings have decided to have a sleep out with food and entertainment provided in a park in each capital city. Sydney’s Camp Gallipoli will be held in Centenary Park. I have bought tickets for the school anticipating that some of our families would like to participate. It is an event for families with schools organising the ticket sales. The school does not supervise the students who wish to attend. The tickets are $100 each person. This might be a nice father and daughter opportunity.

*May Brigid Bless the House Wherein you dwell*

**Ms Kate Edmondson**
**Principal**
FROM THE ASSISTANT PRINCIPAL

PUNCTUALITY
All students who are late to school, without a valid reason, or parent notification, will be placed on an afternoon detention between 3:00 - 3:20pm that afternoon. If a student does not arrive in time for Period 1 at 8.40am, she is regarded as being late. She must report to the office to be signed in. Girls do not need to call in themselves in they are on a bus and it is late. They should report to the front office as soon as they arrive and explain the situation.

Parents should not be calling the office throughout the day to explain why their daughters were late to school. If it is a known partial absence, a note should accompany your daughter to school upon her arrival.

Sometimes buses are late, we understand this. For some girls buses are consistently late and this has much to do with the girl’s level of organisation - getting up earlier and catching an earlier bus to ensure this doesn’t occur. This is a life skill for the girls; punctuality is important in many aspects of their lives, not least their future life.

SICKNESS
Parents must call in the morning of their daughter’s absence due to illness. It is not appropriate for students to call in their own absence, no matter what Year Group they are in. If this occurs it will be regarded as an unexplained absence.

UNIFORM EXPECTATIONS
The expectations were outlined in the last newsletter. Girls are still arriving at school with uniforms too short and with incorrect jewellery. Please ensure your daughter adheres to the uniform policy of the school. Again, this is a life skill for the girls, they must learn that different situations call for different attire and different workplaces have different rules/expectations on what their employees wear. Your support in this matter is greatly appreciated.

SCHOOL SPECIAL BUSES
We have had a number of complaints from the public regarding the girls’ use of public buses in the morning. If a school special is available, it is an expectation that the girls catch this bus. If they do not have a school special available to them, it is an expectation that they stand for both paying and less able passengers. Please discuss this with your daughters.

I have had many requests for a morning school special bus from Botany and Clovelly. I can write to the bus company regarding this but it is parental power that tends to work in the end with Sydney Buses. If you would like to petition Sydney Buses for a morning bus, please tell your daughter to come and see me with the bus number and we’ll see what we can do.
**OPEN DAY**

We will have our annual Open Day on Thursday the 5th March from 2:30pm to 6:00pm. School will finish at 1:00pm on this Thursday. Supervision of students is available at the College for those who need to stay at school until 3:20pm. School Special Buses will not be operating at 1:00pm; however, students remaining at school until 3:20pm can catch their usual School Special bus. The canteen will be open until 1:40pm for students staying at school. If your daughter remains at school she will be required to assist with the setting up of Open Day.

Some students will be required to remain at the College to assist with the Open Day activities in different curriculum areas and as tour guides. The involvement of students in a day such as this is crucial. It gives the girls an excellent opportunity to showcase their school and their work.

Students are expected at school in their Summer Uniform. They will require books and equipment for Periods 1 to 4. Please ensure you have signed the permission slip indicating if your daughter requires supervision until 3:20pm or is assisting with Open Day.

**PROJECT COMPASSION**

This year Project Compassion focuses on Food for Life. It throws a spotlight on global food issues and how Caritas Australia is empowering the world’s poorest people to establish sustainable food sources for life.

Food is essential for all life, yet many of the world’s poorest people do not have food security. That means they live from day-to-day, uncertain of how to afford or how to access their next meal. Without food, the rest of life is impossible to contemplate: how can you plan for the future or educate your children when you fear you will be hungry?

As Pope Francis says: “It is a well-known fact that current levels of production are sufficient, yet millions of people are still suffering and dying of starvation. This is truly scandalous.”

Project Compassion 2015 explores how Caritas Australia is helping the world’s poorest people establish sustainable food, walking with them as they free themselves from the burden of food insecurity and develop new, improved income streams for a better future.

Running through the six weeks of Lent each year, Project Compassion is an extraordinary, ongoing demonstration of the faith, love and generosity of caring supporters, all in the name of justice and peace. It is the lifeblood of Caritas Australia; without it, we could not do the vital work we do.

The girls will explore how they can make difference in their Pastoral Care and Religion classes. The girls in the past have been extremely generous and the community spirit and solidarity that develops through the Caritas Appeal is truly heart-warming and speaks to the calibre of girls we have here at Brigidine.

This year we are again asking that every family gives a minimum of $10 to CARITAS as part of the Project Compassion Appeal for 2015. This equates to less than $2 per week during lent.
SWIMMING CARNIVAL
Details will follow in this newsletter. Could all parents ensure that if they are picking their girls up from the pool you arrive at 2:15pm. Girls will be put on a bus back to school if they have not been picked up by 2:35pm.

Dates to Note:

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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| 24/2/2015  | • Year 11 Leadership Day  
             | • Year 12 Chemistry and Physics Excursion                               |
| 27/2/2015  | • Swimming Carnival - 8:20am (Botany Pool)  
             | • Public Speaking Round 1                                              |
| 2/3/2015 – 3/3/2015 | • Year 7 Camp                   |
| 2/3/2015  | • Year 12 Restaurant take-over – Pinocchio’s                           |
| 5/3/2015  | • Open Day – school concludes at 1:00pm                                |
| 6/3/2015  | • Zone Public Speaking Final                                           |
| 10/3/2015 | • Dr Karl Years 9 & 10 Science Enrichment Incursion                   |
| 11/3/2015 | • CGSSSA Touch Competition                                            |
| 13/3/2015 | • Public Speaking Final                                                |
| 16/3/2015 | • Vaccinations  
             | • P&F Meeting – 7pm  
             | • Year 11 & 12 Music Recital Evening                                   |
| 17/3/2015 | • CGSSSA Swimming Competition                                         |
| 20/3/2015 – 2/4/2015 | • Year 12 Exams                       |
| 25/3/2015 | • CGSSSA Junior Football Competition                                  |
| 27/3/2015 | • CSDA Debating Round 1                                               |
| 2/4/2015  | • Final Day Term 1                                                     |

Thank you for your continued cooperation and support.

Brigid Taylor  
Assistant Principal
ASH WEDNESDAY AND THE LAUNCH OF PROJECT COMPASSION 2015

Yesterday we gathered as a community to celebrate the Church’s season of Lent, whereby for 40 days it is a time of prayer, fasting and almsgiving. It is through prayer that we respond to God’s call to live justly as Jesus teaches us. It is through fasting that we walk with the poor, for whom hunger is a normal part of their daily life. In giving alms we take concrete and meaningful action to give of ourselves to the lives of others. More importantly, it is a time for reflection on our relationship with Christ and our relationship with the human family.

At Brigidine, we encourage our students to take heed of this during the time of Lent. We do this by supporting Caritas and raising money for Project Compassion. Last year we raised just over $12,000.00 and this year we’re hoping to have greater success and raise even more. To start the fundraising we’re asking every Brigidine Family to donate $10.00, we say ‘family’ as we know that we have a numbers of sisters here. Yesterday at the launch the students were asked to consider going without certain things as well as ask their parents for chores to do around the house for which their parents could pay the money in order to donate to Project Compassion. They can also do without something (ice cream, soft drink) and save the money for their Project Compassion contribution.

It would be wonderful if every family could get the $10.00 in as soon as possible. We ask that the student’s name and homeroom be put on the envelope. If there are sisters in the school, please put all names on the envelope. This envelope can be placed in the Fees Box in the front office.

Thank you for your support in the school’s major charity fundraiser for the year.

Christina Day
Religious Education Coordinator
JOINT BRIGIDINE MARCELLIN LEADERS AFTERNOON

On Friday the 13th of February, the Marcellin College 2015 leaders paid a visit to sister school Brigidine. Hoping to strengthen the faded bonds between the schools, the Year 12 leaders of both schools agreed that a meeting on a sunny Friday afternoon would be best to discuss the plans for our last, and most important, year. Thankfully, the afternoon didn’t take quite as sinister a turn like a movie. We kicked off with none other than twenty boxes of freshly ordered pizza, plates of lamingtons and lollies, fruit, and refreshments; this to be our fuel for our scheduled activities.

Once all leaders were fully satisfied, we headed into the Cullen Centre for Tanya to explain our prearranged activities, them being a human letter formation game, another food break, a group discussion on objectives for 2015, and a game of soccer to finish.

As we split up into randomised groups, we began our human letter formation game. This involved lots of laughing, confusion, and rolling on the floor. Honours go to team 1 for winning that one.

Our uniforms really did need a wash after that.

After our short snack break, we came back inside to get down to the “nitty gritty” and plan how our leadership team was going to be the best the schools have ever seen. We theorised ideas, borrowed activities from either school, and discussed ways we can improve our schools and simultaneously strengthen the bond between our schools. We discovered many things that one school did and another school didn’t, and planned how we could introduce the simple activities into our school community.

Our final activity for the day was a game of soccer. Although many didn’t know what on earth we were doing, we had a good time anyway and no one was excluded. When it came time to say our goodbyes, we sung our praises and planned to conduct the afternoon again in the near future as it was so enjoyable for everyone involved.

With ideas in our heads, tummies full of pizza and lollies, and sore legs from soccer; we went home with smiles on our faces and big plans for our leadership in 2015.

Thank you to all the leaders and staff for their organisation and hospitality.

Hayley King
Yr 12 Student
BRIGIDINE LIBRARY LAND
Dr Karl meets Brigidine

In 2015 we are once again excited about the opportunities we have in the library to enrich the learning experiences of our students, including gifted and talented students. The library will continue to assist in resourcing the girls’ assignments, supporting the brain training initiative in Year 7 and skilling students in information and traditional literacies. The library is also ideally placed to nourish students’ awareness of Catholic culture, inclusive of the Brigidine tradition.

On March 10, Year 9 and 10 students will be meeting Dr Karl Kruszelnicki, our fun, super-smart, self-confessed ‘sleek geek’ who has forged his celebrity status through his capacity to explain complex ideas fairly simply – and to highlight the wonders of Science in the process. To quote from the ABC website: ‘Dr Karl is a national treasure. For 30 years he has infected the radio and TV spectrums with an enthusiasm and excitement for science that has inspired millions. Karl has degrees in Physics and Maths, Biomedical Engineering, Medicine and Surgery and has worked as a physicist, tutor, film-maker, car mechanic, labourer, and as a medical doctor at the Kids’ Hospital in Sydney. He has published 30 books and shows no sign of slowing down.’

See http://www.abc.net.au/tv/sleekgeeks/stories/s2939831.htm

On March 10 Dr Karl will be running a stimulating ninety-minute presentation, including question time, on the topics that cover such questions as:

How smart can computers become? How will genetic engineering help to shape the futures of today’s young? What is the future of invention? How can we travel to the stars at the speed of light? How can we fix the environment?

As you can see, these topics cover the gamut of profound, creative and interesting questioning. The capacity to pose and respond to interesting questions with either answers or additional questions lies at the heart of good teaching and learning.

In conjunction with Dr Karl’s visit, the Library will be holding a Curious Scientists Competition which is open to any student from Years 7 to 10 and will involve the communication of a question and answer relating to a Science topic. See Dr Karl podcasts for examples of such questions and answers, such as: ‘Why are veins blue?’


http://www.abc.net.au/science/k2/moments/

See the following videos: for example: ‘How does sunscreen actually work?’

http://www.abc.net.au/science/sleekgeeks/eureka/

The challenge we are posing to our girls is:
1. Select a science question that you want answered.

2. Investigate that question through independent research.

3. Communicate a response to that question.

4. Communicate the response in a two to three minute podcast or video. The response may include additional questions: you don’t have to be a total expert on the topic.

5. You may enter individually or in a group of no more than five students.

6. Prizes will be awarded of $100 in value and will come in the form of itune or visa card vouchers.

7. Entries are due in the first week of Term 2. We are more interested in the ideas of the podcast or video than receiving highly polished products, so don’t be held back by technological challenges: just give it a go!
**SPORT NEWS**

**SWIMMING CARNIVAL**

**The Annual Swimming Carnival will be held on Friday 27th February at Botany Pool.**

**Students in Year 7** will be transported by bus to the pool and back to school at the end of the day. **Year 7 must arrive at school for 8.00 Roll Call. It is estimated that students will be back at school between 2.30-3.00pm**

**Students in Years 8 to 12** must make their own way to the pool and home. Roll Call will be at the pool at 8.30am. If any student in Year 8 to 12 needs to catch the organised school bus they must fill in the permission note and return this to their roll teacher. If catching the bus you need to be in the Main Quad at 8.00am. The carnival will commence at 9.00am and finish at approximately 2.00pm.

**All student supervision will conclude at 2.15pm.** Therefore, could all parents/carers please ensure that your daughter has made adequate arrangements for her return home at the conclusion of the carnival. Pool authorities do not permit children to remain at the pool and they must leave at the conclusion of the carnival.

Please note that the Swimming Carnival is a compulsory College event. If your daughter is absent on the day of the carnival due to illness, please contact the school and inform them of her absence either by leaving your message on voicemail or contacting the office at 8.00am. On her return to school she must present a doctor’s certificate to her roll call teacher.

**The carnival will be held regardless of weather.**

All students must come prepared with hats, sunscreen and drink bottles. If it is wet weather you are advised to bring appropriate clothing.

**Canteen facilities** will be available from 10.30am.

**Dress for the Carnival**

Students may dress up in their House Colours for the carnival but they must make sure they are in appropriate clothing to travel in. **NO PAINT IS TO BE USED AT ANY TIME AS DRESS UP.** If you do not wish to dress up you are to wear correct PE uniform.

All students must be aware of sun safety and wear appropriate clothing to prevent sunburn as well as using sunscreen and wearing a hat. Stay hydrated and drink plenty of water.

Parents and family members are all welcome to attend on the day but a reminder that all students are expected to sit in the stands with their house.

We hope to see lots of participation from all girls and great team spirit. Good luck to all teams and all swimmers.
REPRESENTATIVE SPORT AT BRIGIDINE COLLEGE

Brigidine is a member of the Catholic Girls Secondary Schools Sport Association (CGSSSA) and it is through this organisation that students can represent the school. CGSSSA also provides the pathway for higher representation in all sports moving from Combined Catholic Colleges through to NSW and Australian Representatives.

The CGSSSA has a website www.cgsssa.nsw.edu.au and I encourage all interested parents to visit and investigate these pathways. For your daughter to be eligible for Representative selection beyond the school level she needs to be registered with NSW Combined Catholic Colleges and then complete an expression of interest form for the sport she is interested in. All the necessary links and guidelines on how to register can be found on the CGSSSA Website.

Remember you must register and fill in expression of interest if your daughter is interested in representation at the higher level beyond school.

In term one we will be competing in CGSSSA Touch, Swimming and Football. All these sports have representative pathways so expression of interest forms must be completed electronically for these sports if your daughter is talented enough to represent at a high level.

The closing dates for expression of interest are very strict and I have listed them below.

Good luck and feel free to contact me if you have any problems.

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<tr>
<th>Sport</th>
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<th>Expression of Interest Due</th>
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<tr>
<td>CGSSSA TOUCH</td>
<td>11th March</td>
<td>4th March</td>
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<tr>
<td>CGSSSA SWIMMING</td>
<td>17th March</td>
<td>9th March</td>
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<tr>
<td>CGSSSA FOOTBALL</td>
<td>Jnr 25th March</td>
<td>18th March</td>
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<tr>
<td>CGSSSA FOOTBALL</td>
<td>Snr 22nd April</td>
<td>18th March</td>
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U18 High Jump
Congratulations to Annalise Sutherland of Year 11 who competed in the NSW Athletics Championships. Annalise received a silver medal in the U18 High Jump. A fantastic achievement at such a high level.

Olive Spiteri. Fencing
Olive Spiteri in Year 7 has had an invitation to join the NSW Fencing Squad, and Youth Olympic Games training Team 2015-2018, well done Olive and we look forward to updates from Olive on her progress.

Mrs Kate Elder
PD/H/PE Department
ENGLISH DEPARTMENT NEWS

Last Wednesday 11 February, the English department was so very happy to welcome back to the school two ex-students, who are now professionals in the field of writing and communication. Ms Bronwyn O’Reilly and Ms Elizabeth Major came to consult with our six English Extension 2 students, who are working on their independent Major Works.

Ms O’Reilly is an editor in the children’s department of Penguin-Random House, and previously worked for Sydney University Press as an editor. Ms Major has worked in media and communications with the Parramatta Eels NRL team and is currently a freelance writer, whose work can be read in ‘The Beast’ and ‘We Love Maroubra’ magazines.

The students benefitted from some insightful and direct questioning, but also from the obvious care and interest that both Bronwyn and Elizabeth took in each of their projects. Both the students and I felt affirmed by a second set of eyes.

Abbey Dorian’s work explores the challenges and absurdities of fatherhood and masculinity and asks the audience to accept imperfections; Kristie Chandra’s magic realism short story, set in WWII traces the journey of two minority individuals who rediscover a sense of family and spiritual fulfilment despite the incredible evil surrounding them; Natalie Chandra’s short story revolves around a war crime against the local population in Afghanistan: are crimes committed by foreign soldiers against local people lore easily dismissed?; Sarah Karaoglu’s poetry explores the life of John Lennon in all his glory and affliction, arguing for his continuing relevance 30 years after his death; Niina Lagesen is writing about political hypocrisy and asking if good can come from immoral actions; Miriam Mercer is working on a steampunk murder mystery that explores the issues of discrimination and injustice that surround the distribution of finite resources.

The English department is extremely busy with new programmes in Year 7, 8, 9, 10 and new texts in Year 12 Standard and Year 12 Advanced. Year 7 is working with ballads, Year 8 with Australian voices, Year 9 with autobiography and in particular Malala Yousafzai’s autobiography and Year 10 with Gothic short stories, particularly modern appropriations of Little Red Riding Hood.

Year 12 Standard is studying the classic Australian play, ‘The Summer of the Seventh Doll’ as well as the film, ‘Billy Elliot’. Year 12 Advanced is evaluating Huxley’s ‘Brave New World’ and comparing Shakespeare’s ‘Richard III’ with Al Pacino’s docudrama, ‘Looking for Richard’.

The Department is extremely excited about our Year 11 Women in Context: The Transitional Period incursion to be held on 6 March, just before International Women’s Day. Two quest speakers will be joining us: Eva Cox, well known social commentator, activist and academic, and Sara Dowse, one of Australia’s first femocrats during the Whitlam era and an author of fiction and non-fiction. We are extremely lucky and privileged to be hosting two such giants of Australian feminism.

PHOTOS ON NEXT PAGE
Science News Feb 2015

National Science Youth Forum – Sydney or Perth for 12 days!

NSYF applications for Year 11 science students open March 1st and close May 31st.

Check out the promo video at [http://goo.gl/1JP75b](http://goo.gl/1JP75b)

The NYSF program consists of a mix of scientific, formal, personal development, and social activities. These range from laboratory visits to sports evenings and from a bush dance to group dynamics.

The program is run by students from the previous year’s NYSF, who have been planning and improving the forum over the course of the previous year. These are the NYSF staff and will either have just finished year 12, or first year university. These people will never tell a student what to do, but may make hints in that direction.

Speakers at various forums, debates, seminars and other activities come from outside the science forum, or have been students many years ago.

During the NYSF the students stay on campus at The Australian National University’s (ANU) Burgmann College in Canberra.

Many Brigidine girls have participated in this programme and they have ALL endorsed it. Rotary clubs have helped them to make it to Perth or Canberra. It really broadened their horizons. It gave them a taste of University life and it informed them of the many options for studying Science after school. So have a go and enrol at [http://www.nysf.edu.au/](http://www.nysf.edu.au/)

Note

The Rotary Club of Randwick was proud to sponsor two students last year. You can look forward to learning about their experiences and how it has shaped their ambitions by attending an information evening.

The Club invites Year 11 students and their parents/teachers to attend the presentation by the 2015 National Youth Science Forum participants on Tuesday 24th February (6.45pm to 8.30pm) at the Randwick Club, Alison Road, Randwick, details below:
Sydney Observatory Excursion: Year 12 Physics.

On Tuesday night, February 10th the Physics girls went into the Rocks and visited the Observatory. The weather cooperated and we got to use two of the onsite telescopes to look out into space. They were the 1874 Hugo Schroder lens telescope which is the oldest working telescope in Australia, and the student controlled computerised mirror telescope with piggybacked solar telescopes. We also, with our 3D glasses, travelled off through the solar system and had a close look at some of our “near” neighbours.

National science film competition
The 2015 Sleek Geeks Science Eureka Prize – Primary and Secondary is now open for entries!

Sponsored by the University of Sydney, this prestigious Eureka Prize encourages students to explore a scientific concept, discovery or invention, or test their own scientific hypothesis, in a 1–3 minute film.

To help get you started there are teacher resources available and past winners’ films to watch. You can also stay up to date by signing up to our electronic newsletter, liking us on Facebook and following us on Twitter.

If you have any questions please call 02 9320 6483 or email.

Entries close 7pm AEST Friday 1 May.

Good luck with your entries and best wishes for the new school year.

Go to http://goo.gl/U3a06o for all of the details

Your daughter’s Science Start in the new school year.

All students have been issued with a Pearson’s username and login for their Science course this year. The details were given out in their science class.

This gives them access to:

- Assess – an online assessment tool
- Their online text book which has additional rich digital content
- The Science Place – a data base of web based activities and worksheets.

In addition to this they

- have a hard copy of the text book, and
- an ebook which has been or will loaded onto the hard-drive of their laptop.

Some useful websites for your daughter to save to her “favourites” are listed below:

http://www.bbc.co.uk/education/subjects/zng4d2p

http://splash.abc.net.au/home#!/home

http://www.physicslessons.com/iphysics.htm


https://www.khanacademy.org/
Let’s all have a great year in the INTERNATIONAL YEAR OF LIGHT.

Miss Tapp
Science Coordinator

UNIFORM NEED ALTERING?
Too long, too tight, elastic not right? I have over 50 Years experience in sewing and doing alterations and now I do them for my Grandson’s uniforms! If you need prompt, affordable help with making those uniforms fit just right, please call me. I can also come to the uniform shop if you need help with fitting. Tina 9399 8009 or 0410 540 084

Sisters of Charity Outreach needs Volunteers for our Services
Volunteering opportunities include visiting the socially isolated in their homes in the Eastern Area of Sydney, collecting country people coming to Sydney and driving them to medical appointments or taking their requests for transport, and contributing to fundraising by working in our Gift Shop.

For further information please contact:
Maria McNuff
Volunteer Coordinator and Educator
Tel: 8382 6437  Mob: 0404 861 523
Email: mmcnuff@stvincents.com.au
www.sistersofcharityoutreach.com.au
CAREERS NEWS
The information below is a condensed version of the careers newsletter that is emailed weekly as well as posted to the Edmodo Careers Page. The code to join the Edmodo page is: x5b2my. The link for parents wishing to join the group is here: https://www.edmodo.com/home

New Courses in 2016
Engineering at Charles Sturt University
Charles Sturt University (CSU) will be introducing a new Bachelor of Technology / Master of Engineering (Civil Systems) in 2016. Study will begin on campus at CSU in Bathurst for 1.5 years, followed by four years of online study while students undertake four one-year paid placements in industry. Contact 1800 334 733 or visit: http://www.csu.edu.au/courses/engineering-civil-systems

ACU Bachelor of Early Childhood Education (Birth to five years)
This brand new course is designed for students who want to pursue a teaching career in a birth to five years setting. The course was developed in response to workforce needs in the early childhood sector and as such graduates find employment as Early Childhood Teachers in early childhood settings, such as early learning centres and kindergartens. Please visit http://www.acu.edu.au/early-childhood

Australian Catholic University Biomedical Science Double Degrees New for 2016
A degree in biomedical science will train students in the principles of science applied to clinical medicine. The course aims to provide a pathway for postgraduate studies in health disciplines such as physiotherapy, medicine, dentistry and public health. Bachelor of Biomedical Science will be available as a double degree with Laws, Business Administration and Applied Public Health.

Information Sessions/Days

Defence Jobs Australia Information Sessions
Parramatta - Be an Officer , 16 February, 6.30pm, 9 George Street
https://www.facebook.com/DefenceJobsAustralia/events

Academy of Information Technology Information Night
17 February, 6.00pm to 8.00pm
Level 2, 7 Kelly Street, Ultimo
http://www.ait.nsw.edu.au/events/

Blue Mountains International Hotel Management School
Date : 21st Feb 2015
Time : 10am - 2pm
Venue : BMIHMS Leura Campus
Cost : FREE
Contact : Joshua Suli : joshua.suli@bluemountains.edu.au
Event Description : Blue Mountains International Hotel Management School Multicultural Open Day!
1 Chambers Road Leura NSW

BMIHMS would like to invite students, parents and career advisers to experience our unique culture. This February our Leura Campus will be open to the public and is the
best time to see us in action! If BMIHMS can provide any further material please don’t hesitate to contact us.

RSVP required - joshua.suli@bluemountains.edu.au

Sydney Design School the Interior Design Specialists Info Session
26 March 6pm
Find out more about our range of Interior Design and Decoration courses. See examples of work, take a tour of the campus and find out more about the world of interior design. Level 2, 40 Oxley Street, St Leonards.

Meet The Business Leader 2015 - Cadetship Evening
20 May
At Luna Park
Chartered Accountants Australia New Zealand are hosting the annual Meet the Business Leader (formerly Cadetship Evening) A fantastic opportunity for students to connect with universities and top employers and secure a highly sought after cadetship. More Information email careers.nsw@charteredaccountantsanz.com

Sydney Aviators Open Day
Sun 8th March, 8.30am – 11.00am, Bankstown Airport
Half hour trial flights will be available at a cost of $120 and short presentations on how to obtain a Private Pilot Licence will be held throughout the day.
Contact: (02) 9793 8900

Australian College of Applied Psychology: Information Session
Wed 18th March, 6.00pm, Level 5, 11 York Street, Sydney
Find out about the courses on offer at the ACAP, take a tour of the campus, and speak to staff and students about student life and studying at ACAP.
http://www.acap.edu.au/

Student Placement Australia New Zealand Information Sessions
Wed 25th March, 2.00pm, Adina Apartment Hotel Sydney, Cnr Kent and Bathurst Streets, Sydney
Thu 4th June, Adina Apartment Hotel Sydney, Cnr Kent and Bathurst Streets, Sydney
Wed 9th September, Adina Apartment Hotel Sydney, Cnr Kent and Bathurst Streets, Sydney
Student Placement Australia New Zealand is an Australian company which facilitates the placement of students and young professionals into training and study programs both overseas and in Australia. Attend an information session to speak to staff, ask questions and hear comprehensive information on all aspects of their programs.
http://studentplacement.com.au/info-sessions/city-sessions/#.U6kNcpSSy8B

JMC Academy Open Day
Sat 2nd May, 10.30am, Harris Street, Ultimo
Speak to staff and students, get an overview of courses and take a campus tour.

GAP YEAR INFO SESSIONS
Projects Abroad Volunteer Overseas Information Evening  
17 February from 6.30 to 7.30pm  
Programmes for school leavers and year 10 & 11 students. Projects Abroad arranges volunteer and work experience placements in 29 developing countries. at Sydney Central YHA, 11 Rawson Place, Sydney 2000. Please reserve places here http://www.projects-abroad.com.au/more-info/information-events/ or call 1300 132 831

WEP Student Exchange 2015 Information Sessions  
17 March.  
WEP Australia, a not for profit student exchange organisation registered with the Education Department in NSW, is holding monthly information sessions. Visit http://www.wep.org.au or contact WEP (info@wep.org.au/0395984733)

Cultural Care Au Pair Information Sessions  
Work placement advice as au pairs/nannies in the US.  

Work Experience in Surveying:  
New resources about Surveying careers  
The newly launched Surveying Task Force is now offering free resources and ambassadors to attend your career events. Order resources via http://www.alifewithoutlimits.com.au/free-resources-nsw/ Students can also register their interest in a work experience placement in Land Surveying via http://www.alifewithoutlimits.com.au/student-work-experience/secondary-students/

Other News:

ACU Students Return from Overseas Primary Teaching Experience  
Ten ACU students recently returned from an experience of a lifetime; as part of their course, they travelled to the Solomon Islands to teach primary school students for five weeks in Honiara. This unique opportunity is part of ACU’s alternative placement program available to third-year teaching students. Read about their experience at http://www.acu.edu.au/717413

Australian Institute of Personal Trainers Indigenous Scholarships 2015  
Closes 13 March  
$5000 value to a female and male applicant. Receive free tuition in Cert IV in Fitness Complete Personal Trainer.  

Casual Employment available at Kensington Pharmacy:  
There are a number of opportunities available for weekday and weekend. Given that we currently employ year 11/12 and university students, it would be a great advantage if year 9/10 students applied for the job. There is no experience required.

Any student wishing to apply for the position may send their details to kensington.pharmacy@nunet.com.au

Ms Jennifer Nicolas  
Careers Advisor
SCHOOL TUTORING PROGRAM 2015

What is the School Tutoring Program?

The school tutoring program is a cost free tutoring service for students in Years 8 – 12 who would like help with their school work but who can’t afford to pay for full private tuition. The service is available for students either living in or attending school in the Botany or Randwick Council areas. The program is run by the Shack Youth Services in conjunction with the University of New South Wales and has been operating since 1996.

How does it work?

You fill out the attached enrolment form and email or post it to the Shack Youth Activities Coordinator during the enrollment period between February 17th and February 27th, 2015. You can also email shack.tutoring@benevolent.org.au during the enrollment period to request an enrolment package.

We match you with a university student from the University of New South Wales, who can tutor you in the subjects you need help in. This person is volunteering his or her time. You will meet your tutor after school on a Monday, Tuesday or Wednesday at the university for a supervised tutoring session. The tutoring program usually runs from late March to late May during semester one (school terms 1 and 2). It does not operate during University holidays and exam periods. A new enrolment with need to be submitted for semester 2 (school terms 3 and 4).

What do I have to do?

You are required to contact your tutor by text or phone every week to confirm your attendance at tutoring. If you are unable to attend a tutoring session you must inform your tutor and the Shack Youth Activities Coordinator and give sufficient notice of your non-attendance. Failure to attend, without prior notification, can result in your removal from the program.

You’ll also be responsible for bringing to your tutoring sessions work that you need help with. You must bring textbooks, writing paper and pens with you to each session as well as any other materials you need to do your work such as a calculator. If you do not bring work to do, your tutor is not obliged to tutor you.

Please note that all program information, advice and updates throughout the year are advised to participants via email and it is therefore essential to include an email address on your enrolment form and to regularly check your email. You will receive email notification in March or August when you are matched with a tutor.

Regards,
Youth Activities Coordinator
shack.tutoring@benevolent.org.au
02 9305 4600
0401 540 228

The Shack Youth Services / School Tutoring Program
A note for parents - please read carefully

As part of our tutoring program, we expect a firm commitment from your child to attend the sessions and to maintain weekly contact with their tutor. There is to be no tutoring with the assigned tutor outside this program and no contact with the tutor for any reason other than tutoring.

Full Name
Signature
Date

I give permission for Shack staff to take photos of my child and use in reports and use to advertise Shack tutoring

Parent Signature

Does your child have any Dietary requirements? Please list below.

Yes
No
Parent Signature

For the student - please read carefully

As part of this program, you are expected to be committed, attend your tutoring sessions and maintain weekly contact with your tutor. Failure to attend, without prior notification, can result in removal from the program.

Full Name
Signature
Date

Enrolment closing date for Semester 1 tutoring: 27th of February, 2015

Please email your completed enrolment form to: shack.tutoring@benevolent.org.au
A note for parents - please read carefully

As part of our tutoring program we expect a firm commitment from your child to attend the sessions and to maintain weekly contact with their tutor. There is to be no tutoring with the assigned tutor outside this program and no contact with the tutor for any reason other than tutoring.

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Does your child have any Dietary requirements please list below:

Yes
No
Parent Signature

For the student - please read carefully

As part of this program you are expected to be committed, attend your tutoring sessions and maintain weekly contact with your tutor. Failure to attend, without prior notification, can result in removal from the program.

Full Name
Signature
Date

Enrolment closing date for Semester 1 tutoring: 27th of February, 2015

Please email your completed enrolment form to: shack_tutoring@benevolent.org.au
# Youth in the City

## School Holiday Program

For young people aged 13–18 years (or younger if in high school)

### Week 1: Monday 6 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Easter Monday Public Holiday</td>
</tr>
<tr>
<td>10:30AM–6:00PM</td>
<td>Swimming Maroubra Beach (BYO lunch)</td>
</tr>
</tbody>
</table>

### Week 1: Tuesday 7 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30AM–4:00PM</td>
<td>Easter Show (BYO lunch)</td>
</tr>
</tbody>
</table>

### Week 1: Wednesday 8 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Sports and BBQ PFA–Glebe (lunch provided)</td>
</tr>
</tbody>
</table>

### Week 1: Thursday 9 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Picnic + swimming Botany (lunch provided)</td>
</tr>
</tbody>
</table>

### Week 2: Monday 13 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Movies Fox Studios (BYO lunch)</td>
</tr>
</tbody>
</table>

### Week 2: Tuesday 14 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Film Workshop Redfern Community Centre (lunch provided)</td>
</tr>
</tbody>
</table>

### Week 2: Wednesday 15 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Swimming Coogee Beach (BYO lunch)</td>
</tr>
</tbody>
</table>

### Week 2: Thursday 16 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Trampolining Tempe (BYO lunch)</td>
</tr>
</tbody>
</table>

### Week 2: Friday 17 April

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30AM–4:00PM</td>
<td>Surf Simulator Ryde Aquatic Centre (BYO Lunch)</td>
</tr>
</tbody>
</table>

For more information and bookings Phone: 02 8512 8771 or Email: youthservices@cityofsydney.nsw.gov.au

Permits for the event can be downloaded from www.cityofsydney.nsw.gov.au

Only once booking has been confirmed, payment can be made in person at one of the City’s Service centres or via faxed credit card authorisation form.

Youth Services has several convenient pick up and drop off locations for the School Holiday Program:

- Sydney Town Hall, Erskineville, Redfern, Pymont and Glebe

For more information on location pick up and drop off points Phone: 02 8512 8771

**Also in April:** Youth Week in the City Events

Including: Youth Symposium at the MCA on Friday 10

All Ages Hip Hop Event on Saturday 11 and Sports Day on Saturday 18

For more information on events visit www.cityofsydney.nsw.gov.au/youthweekintheCity
To give you a brief overview, the Mother’s Day Classic is a fun walk/run held on Mother’s Day, 10 May 2015, to celebrate family time, a healthy lifestyle and to help raise much needed money for breast cancer research. The Women in Super Mother’s Day Classic is Australia’s largest breast cancer research fundraiser.

This event has been running for over 17 years and in 2014 more than 135,000 participated in a record 97 locations, including many rural and regional centres. If you are a runner, power walker or just enjoy a gentle stroll, ask your mum, wife, grandmother, aunt or sisters and their families along and celebrate Mother’s Day with us.

We are looking for support to build community team participation in 2015. It would be great to have your support in promoting this to create community teams of staff, students and their families. Below is a graphic that you can add to newsletters and some more information on the event can be found at [www.mothersdayclassic.com.au](http://www.mothersdayclassic.com.au)

If you are interested please let me know. I thank you in advance for your support.

Kind regards,

Lauren Finn

Committee Member, Mother’s Day Classic Women in Super Organising Committee
Anxiety Program for Children and Adolescents

The Cool Kids program is a tried, tested and proven anxiety treatment for children and adolescents which has been adapted for use within the school setting.

Your School Counselor is invited to learn how to implement this program:

Friday, 13 March: Cool Kids Workshop

This workshop focuses on:

- assessment and treatment of anxiety in children and adolescents,
- general information on anxiety disorders including diagnostic criteria, assessment techniques and current research findings on factors that maintain anxiety and how this links with treatment approaches,
- specific training on how to run the Cool Kids program

For more details and to register.

BILLING DETAILS: For any school counsellor/teacher that wishes the school to be invoiced, please go to the bottom of the registration page and look for the paper registration form (PDF) under the heading “Additional Information”.

If you require any help with the registration process or if you have specific questions about the workshop, please contact me.

Kind regards

Barb Corapi
Marketing Officer

Centre for Emotional Health | Department of Psychology | Level 3, C3A Building
Macquarie University, NSW 2109, Australia

T: +61 2 9850 4064
W: centreforemotionalhealth.com.au | mq.edu.au
ALL NOTICES WILL NOW BE IN NEWSLETTER FOR 2 MONTHS ONLY UNLESS REQUESTED TO KEEP THE AD GOING

UNIFORM ITEMS FOR SALE

Brigidine uniform (all in great condition, no marks etc) for sale as follows:

2 x Summer Dresses – Size 10 - $25.00 each
1 x Blazer – Age 16 - $60.00 (dry cleaned, like new)
Tartan Skirt – Size 8 - $25.00
2 x Junior long sleeves blouses – size 10 - $20.00 each
2 x Sports tops – age 14 - $20.00 each
1 x Track suit pant and jacket – track top XS and track bottoms size 10 - $25.00 each
2 x Sports shorts – Size 8 - $10.00 each
1 x Swim costume (only worn twice) – size 10 - $20.00

Accessories also for sale – include Brigidine Green Bag, Science and cookery aprons, navy cap, navy library bag. – The lot $75.00

If all items sold together then would ask $350 for the lot (will throw in 6 pairs of socks for free)

Call Joanne on 0438781158
Junior Summer Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dress</td>
<td>10</td>
<td>$20</td>
</tr>
<tr>
<td>Blazer</td>
<td>14</td>
<td>$50</td>
</tr>
<tr>
<td>Pullover</td>
<td>12</td>
<td>$45</td>
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</table>

Summer Sport Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short Sleeve Polo</td>
<td>10</td>
<td>$5</td>
</tr>
<tr>
<td>Shorts</td>
<td>10</td>
<td>$5</td>
</tr>
<tr>
<td>Swimming Costume</td>
<td>S</td>
<td>$10</td>
</tr>
</tbody>
</table>

Junior Winter Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skirt</td>
<td>4</td>
<td>$65</td>
</tr>
<tr>
<td>Long sleeve Blouse</td>
<td>10</td>
<td>$15</td>
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</tbody>
</table>

Winter Sport Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Track Jacket</td>
<td>10</td>
<td>$20</td>
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Compulsory Accessories

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Back Pack</td>
<td>$35</td>
</tr>
<tr>
<td>Excursion back-Havasack</td>
<td>$5</td>
</tr>
<tr>
<td>Navy Apron</td>
<td>$5</td>
</tr>
<tr>
<td>White Apron</td>
<td>$5</td>
</tr>
</tbody>
</table>

My contact number is 04 0623 777 4 (Jiva)

The best time for me to be contacted is after 6:00 pm during week days and any time on the weekend.

School Blazer  Size 16 $145 (excellent condition, worn a few of times only)
Contact - Jenny on 0403 257 204

Blazer  Size 16 Excellent Condition $50
Call Monica on 0425 231 746
<table>
<thead>
<tr>
<th>Item</th>
<th>Condition</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dress</td>
<td>Very Good</td>
<td>16</td>
<td>$30</td>
</tr>
</tbody>
</table>

Please contact Therese on 0411099288

Brigidine College Uniforms, Accessories for Sale

Please contact: Belle Kong (parent) at 0430 020 629 or email: belle.kong@yahoo.com.au.

- 1X SCHOOL BAG
- 2X SIZE 14 BLAZERS
- 1X SIZE 14 JUMPER
- 1X SIZE 12 SKIRT
- 1X PE SPORTS BAG
- 1X BCR CAP
- 1X SIZE 12 BCR SWIMMING COSTUME
- 3X BRIGIDINE SWIMMING CAPS
- 1X SIZE 12 PE SHORTS
- 1X SIZE 14 TRACKSUIT PANTS
- 2 X SIZE 16 LONG SLEEVED SENIOR SCHOOL SHIRT
- 4 X SIZE 14 SHORT SLEEVE SENIOR SHIRT

$10
$25 EACH
$20
$20
$5
$5
$10
$5 FOR THREE
$5
$5
$10 EACH

$5 EACH

CONTACT ANGELA ON 0417 229 047