Dear Parents,

In an interview published in part in the Argentine weekly "Viva" July 27, the pope listed his Top 10 tips for bringing greater joy to one's life:

1. "Live and let live." Everyone should be guided by this principle, he said, which has a similar expression in Rome with the saying, "Move forward and let others do the same."

2. "Be giving of yourself to others." People need to be open and generous toward others, he said, because "if you withdraw into yourself, you run the risk of becoming egocentric. And stagnant water becomes putrid."

Pope Francis greets the crowd as he arrives to lead a general audience in St. Peter's Square at the Vatican last month. (CNS/Paul Haring)
3. "Proceed calmly" in life. The pope, who used to teach high school literature, used an image from an Argentine novel by Ricardo Guiraldes, in which the protagonist -- gaucho Don Segundo Sombra -- looks back on how he lived his life.

"He says that in his youth he was a stream full of rocks that he carried with him; as an adult, a rushing river; and in old age, he was still moving, but slowly, like a pool of water, the pope said. He said he likes this latter image of a pool of water -- to have "the ability to move with kindness and humility, a calmness in life."

4. "A healthy sense of leisure." The pleasures of art, literature and playing together with children have been lost, he said.

"Consumerism has brought us anxiety" and stress, causing people to lose a "healthy culture of leisure." Their time is "swallowed up" so people can't share it with anyone.

Even though many parents work long hours, they must set aside time to play with their children; work schedules make it "complicated, but you must do it," he said.

Families must also turn off the TV when they sit down to eat because, even though television is useful for keeping up with the news, having it on during mealtime "doesn't let you communicate" with each other, the pope said.

5. Sundays should be holidays. Workers should have Sundays off because "Sunday is for family," he said.

6. Find innovative ways to create dignified jobs for young people. "We need to be creative with young people. If they have no opportunities they will get into drugs" and be more vulnerable to suicide, he said.

"It's not enough to give them food," he said. "Dignity is given to you when you can bring food home" from one's own labour.

7. Respect and take care of nature. Environmental degradation "is one of the biggest challenges we have," he said. "I think a question that we're not asking ourselves is: 'Isn't humanity committing suicide with this indiscriminate and tyrannical use of nature?'"

8. Stop being negative. "Needing to talk badly about others indicates low self-esteem. That means, 'I feel so low that instead of picking myself up I have to cut others down,'" the pope said. "Letting go of negative things quickly is healthy."

9. Don't proselytize; respect others' beliefs. "We can inspire others through witness so that one grows together in communicating. But the worst thing of all is religious proselytism,
which paralyzes: 'I am talking with you in order to persuade you,' No. Each person dialogues, starting with his and her own identity. The church grows by attraction, not proselytizing," the pope said.

10. Work for peace. "We are living in a time of many wars," he said, and "the call for peace must be shouted. Peace sometimes gives the impression of being quiet, but it is never quiet, peace is always proactive" and dynamic.

May Brigid Bless the House Wherein you dwell

Ms Kate Edmondson
Principal

FROM THE ASSISTANT PRINCIPAL

7 – 10 Exams
Students in Years 7 – 10 are about to undertake their yearly exams over the coming weeks. Exams are but one way of informing students of those areas in which they have been successful and those areas needing improvement. This period is also a time for students to be prepared and further development their organisational skills. It is vitally important that students do not leave preparation and completion of tasks till the last minute. If you fail to prepare, you must prepare to fail.

Thus, girls must use their time productively, both at school and at home. Below is an example of a simple yet effective strategy that students can use. You as parents may wish to encourage your daughters to use this plan.

1. Students should set goals for each week. Don’t set too many, be realistic and leave yourself enough time to handle unexpected tasks that will always come up. Don’t plan to do study when you know you’re at sport training or working.
2. Make up a daily schedule to achieve these goals. The School Diary would be suitable for this. After you list your goals, set priorities and schedule time for each step towards achieving the goals.
3. Follow the plan. Don’t make the mistake of setting a plan and then ignoring it. Plan your work then work your plan.
4. Review your goals. At the end of each day, work out what worked and what didn’t and why. Learn from this experience.
5. Reward yourself. Give yourself something to work for. If you have achieved a goal don’t be afraid to reward yourself, even in only small ways.
6. Remember to make sure you are eating right, sleeping well and exercising.
7. ALWAYS REMEMBER TO THINK POSITIVE.

It is essential that students remain focused, think positive and strive for their personal best in all they do. Students should realise that they can always make a difference to their achievement and performance if they try – IT IS NEVER TOO LATE.
Warning
Please be aware that we have had a case of Shingles at school, the student is at home and will not return to school until she is no longer contagious.

Wellbeing Services

Mental Health Support
- **Beyond Blue** - fact sheets, web chats and support for anxiety, depression and suicidal prevention
- **Black Dog Institute** - information related to diagnosis, treatment and prevention of mood disorders such as depression and bipolar disorder
- **Reach Out** - information and fact sheets regarding a range of mental health issues including: depression, stress, bullying, abuse anxiety, wellbeing and relationships
- **Headspace** – National Youth Mental Health Foundation provides services online, by telephone and face to face for people aged between 12-25 years of age.

Smiling Mind App

**Smiling Mind** is modern meditation for young people. It is a unique web and App-based program, designed to help bring balance to young lives. It’s a simple process that gives a sense of calm, clarity and contentment. Smiling Mind offers a Mindfulness Meditation program consisting of a number of levels, each of which is designed to explore the present moment by bringing your attention and awareness of it in a specific way with curiosity and openness.

Results have found the following after doing a 10-session program like Smiling Mind:

- It boosts levels of happiness and lowers the impact of stress
- It increases your ability to focus your attention and improves your memory
- It makes you less sensitive to pain and boosts your immune system, making you less prone to getting ill.
- It makes it easier for you to fall asleep peacefully.
- It even changes your brain!

(Headspace.org.au)

Panadol

Please be aware that the office will no longer supply Panadol to students, unless it is an emergency. If you are happy for your daughter to take Panadol please provide her with a packet for which she can access herself when she has a headache or cramps.

Social Media

The development of ICT has provided a new means for students to communicate 24/7 and a new means to bully each other. Social media is difficult to escape and the girls can find themselves consumed and controlled by it. We have had many instances this year at the College of the inappropriate use of social media.

Parents need to be aware of the following sites/apps available on the phone or computer:
• **ASKFM** – No student should be on this site and they have no need to be on this site. **It is particularly malicious** as everything is said anonymously. If they want to ask a question they can ask you as their parents/guardians or a teacher here at the College.

• **KIK**

### Dates to Note:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>27/10/2014</td>
<td>• Year 10 Peer Support Training</td>
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<td>• Year 11 Modern History HSC Lecture Excursion</td>
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<tr>
<td>28/10/2014</td>
<td>• Year 8 Art Excursion (Sculptures by the sea)</td>
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<tr>
<td>30/10/2014</td>
<td>• Year 10/11 D&amp;T Excursion</td>
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<td>31/10/2014</td>
<td>• World Teachers Day</td>
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<td>• Year 9 Food Tech Excursion</td>
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<td>03/11/2014</td>
<td>• P&amp;F AGM – 7pm</td>
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<td>05/11/2014</td>
<td>• Years 8 &amp; 10 Exam block begins</td>
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<td>06/11/2014</td>
<td>• CGSSSA Tennis</td>
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<tr>
<td>07/11/2014</td>
<td>• CGSSSA Tennis</td>
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<tr>
<td>12/11/2014</td>
<td>• Years 7 &amp; 9 Exam block begins</td>
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Thank you for your continued cooperation and support.

**Brigid Taylor**  
**Assistant Principal**

**UNIFORM NEED ALTERING?**

Too long, too tight, elastic not right? I have over 50 Years experience in sewing and doing alterations and now I do them for my Grandson’s uniforms! If you need prompt, affordable help with making those uniforms fit just right, please call me. I can also come to the uniform shop if you need help with fitting. Tina 9399 8009 or 0410 540 084
**LAPTOP COMPUTERS 2015**
The College has already made the following provisions for laptop computers in 2015.

**Year 7 2015**
All Year 7 students will be issued with a laptop computer, hard shell case and USB backup drive. Parents will need to sign a three year leasing agreement for the laptops.

**Year 10 2015**
The warranty on the current Year 9 laptops runs out at the end of the year. A process will be followed in 2015 whereby the current laptop can be retained as a backup machine by a family if the leasing payments for it have all been met and the licensed software removal fee of $50 has been paid. Our technician Mr Lin will need to remove software licensed by the school.

In 2015 all Year 10 students will be issued with a school-supplied laptop and hard shell case on a new three year leasing arrangement. Details of that distribution process will be issued in 2015.

In 2015 all the Years 7 and 10 laptops issued to students will be pre-loaded with the software licensed by the College as well as the wireless access settings and many of the e-books used.

This can only be done if the software packages are removed from the previous Yr 9 machines. Management of the machines and software for such a large number of machines is more easily facilitated by the imaging process and Windows Server broadcasts which Mr Lin instigates. The alternative would have been to transfer the responsibility for purchase and loading of expensive software packages/updates to parents.

Orders for the machines have already been placed with CEO Finance for delivery in Jan 2015. Parents will be advised of the distribution process early in 2015 School Year.

**Year 11 2015**
As it was for only a two year period, Year 11 parents were offered choices:

- Retaining the existing HP laptop for use at school.
- A laptop update for 2015 (school issued) option.
- Bring your own designated device (BYODD).

This process has already been run, responses received, the options chosen collated into lists of students and devices ordered for 2015 where appropriate.

*Mr M Rawlings*
*IT Administrator*
SPORT NEWS
CGSSSA DANCE- CONTEMPORARY FIRST PLACE
Once again congratulations to the contemporary dance team and gaining first place in the championships. Unfortunately some names were omitted from our last newsletter and we would like to acknowledge their achievements.

LUCINDA CHICHESTER
JADE TYE
APRIL ELLESTON
MADELINE LANE

CGSSSA VOLLEYBALL 2014
Brigidine competed at the CGSSSA Volleyball Competition on Tuesday, 21st October 2014. We fielded a team of nine very enthusiastic senior girls.

The team played four round games and won three out of their four games, finishing second in their pool. The girls then advanced into the semis but were defeated by the reigning champions, Santa Sabina.

Our girls played brilliantly as a team and represented Brigidine with pride.

Congratulations to all the girls on a very enjoyable and successful day and I look forward to next year’s competition.

Brigidine Opens Volleyball Team 2014
Congratulations once again to Jessica Thornton who competed in the NSW All Schools Athletics Championships. Jessica won gold in the 100m, 200m and 400m. Jessica has won these events over the last four years and this is an incredible achievement that has never been done before in the history of the NSW All Schools.

Congratulations to Annalise Sutherland who gained fourth place in the 16yrs High Jump in the NSW All Schools Athletics Championships.

Tuesday Touch
Tuesday afternoon Touch has begun and most teams played very well. It is very important that all teams have a parent/manager with them for the game and all girls who have committed to play must attend each game. We look forward to following each team’s progress as the season progresses.

Mrs Kate Elder
PD/H/PE Department

ST BRIGID’S FIRE
SOCIAL JUSTICE GROUP
On the 14th of October, some year 11 representatives of St Brigid’s Fire were invited to give a speech to the Bronte Probus Club. We were given choice regarding what we wanted to present, and as a group we decided on the rights and education of girls around the world.

We spoke about how many girls around the world, especially in developing nations, got married young and as a result, did not get a proper education compared to their developed nation counterparts. To accompany our speech, we showed a number of videos, one of which we created ourselves to show just how many girls are affected by this issue, as well as just how lucky we are here in Australia.

By giving this speech, we were able to express our point of view on the importance of all girls having access to education, and to educate the wider community on this very important issue that exists in our global society.

Jaynell Vila, Brittany Nipperess, Rebecca O’Donnell, Catriona Stirrat, Emma Bowen, Tanya Thongpanich, Adella Beaini
James Brooks, President of Bronte Probus club sent some feedback to the school:

“Well, my expectations were entirely exceeded and I was very impressed! I think that I speak for all members of our Club when I say this.

We were not expecting to have that many girls and I think it was a good experience for them too. Very well done indeed.

So this is just to say THANK-YOU for arranging it and THANKS again to the Girls. We are very appreciative.”
YEAR 11 RETREAT

What is to be said about the Yr 11 Retreat? Let’s say that no matter how well we describe it; it won’t ever live up to the actual experience.

The morning started at 8am as girls met in the main quad gawking at how much or how little their friends packed and bragging about how late they had left their packing. Before long we were all accounted for and on the road headed for Stanwell Tops.

Once we arrived we were split into six groups of roughly 24 girls and then from there we were ready to go! Our group’s first activity was ‘Survivor’ – the group was split into two teams and we had to complete a range of activities, which required intense teamwork, competing against the other team, trying to finish first. We were all able to let go of any shyness quickly which made this activity even better than it would normally have been.

Our second activity was Go-Karting – this activity brought out everyone’s inner-daredevil, including the teachers’. Some were attempting drifts while others were curious to know how fast the karts could go. For the beginning hour and a half, we practised and held races within our group to hone our Go-Karting skills and, of course, to prepare for the ‘Big Race’ against the other group who were also Go-Karting.

In our last activity, Kate Joyce talked to us about Social Justice. She did not only address Social Justice in society but also in our school, which made us think about how we could make our community tighter. It was a great session to calm us down after a long day outdoors plus the atmosphere of camaraderie was still very much alive and kept us going.

After we had gone through all three activities we had an hour to get cleaned up before dinner, which was absolutely delicious – in fact all the meals were amazing. We had another hour and a bit of free time after dinner where we played on the swings and had a handball competition, before our reflection service. Now, it’s hard to describe what we did in this reflection but it definitely had an effect on every girl and on how we are going to approach our final year of school – I shouldn’t lie, some tears were shed. However, the emotional atmosphere was quickly changed when the music was turned up and the art of dance took over our bodies.

The next morning we were greeted with a hearty breakfast including bacon and eggs – just to name the best bits. Next we retreated to our cabins.
for a final moment to pack and mull over the fact that this is the last ‘whole year camp.’ Father Peter Hearn had come down early that morning to join us for our Eucharist, which included the commissioning of our new Extra-Ordinary Ministers of the Eucharist. We wrapped up our retreat with a final personal and reflective activity where we wrote a letter to our future selves that we will open in a year’s time (when we graduate).

We would like to thank all the teachers who selflessly gave up their time so that we could enjoy this retreat. However, our biggest thanks go to Ms Michaels and Mrs Day for putting this entire retreat together. It has helped us to tackle our last year, bond with our peers and it provided us with a great memory to look back on.

Teebana Balakumar
Year 11 Student
MUSIC NEWS
What a musical start to the term! We certainly have had a lot of great musical activities to get our teeth stuck into this term. We kicked off day one with the Junior Orchestra Concert Evening. Over 50 students performed in this evening for a range of staff and parents. The standard was very high and the range of music was excellent with the string ensemble opening the show with highlights from Beauty and the Beast followed by the crowd-pleasing Eine Kleine Nachtmusik.

Several soloists were featured, performing music from a range of styles of music, from Classical to Jazz, on a range of instruments from Piano to Flute and Saxophone. The Jazz Band made its debut with several Jazz classics including “Fly Me to the Moon” and “Razzle Dazzle.” The guitar group performed two numbers with guest instrumentalists from the Junior Orchestra, Senior Orchestra and Choir. The ensemble was a big hit and is a credit to the hard work and commitment of our guitar tutor, Brett Adamson. The evening concluded with the Junior Orchestra which wrapped up the show with a hearty performance of the Cancan. A highly enjoyable evening was had by all.

There was no rest for the Year 9 Elective Music Class who performed for their recital night the next evening. The students pulled out some great performances and the range of styles, grades and instruments shows the diversity of the Music Department. It is great to see how much the girls have grown in confidence since their Recital Night at the start of the year.
Last week the Elective Music students headed off to see “Wicked” at the Capitol Theatre. The students behaved excellently and were a credit to the school. The show was very gripping and the performers a great example for our aspiring musicians. The production itself was very interesting. The lighting and staging were detailed and highly effective. It was a great experience for the students to see singing, dancing, acting and performance skills all in one place. It took several days for us to stop randomly humming the music from the show.

Ms Rebecca Lewis
Music Department
**WICKED**

On the 15th of October 2014, the Music Department was privileged to see the musical “Wicked” at the Capital Theatre in the city. The talented cast and orchestra created a fabulous show. It was an amazing experience and we are honoured that we were able to go.

We arrived by bus to the theatre and we went inside. Before the show we were able to go to the gift shop and the candy bar. As the show started the lights went down and we were blown away by the magnificent way the set was lit up and by the overture that orchestra was playing. By the time the chorus came on the stage, many of us were already on the edge of our seats in anticipation of the show to come.

At the Intermission we were able to go and look at the orchestra pit. It was a great experience as we were able to see how the orchestra was set up and where the conductor stood. We were able to see all the different instruments that they were using and some of the ones that they weren’t using. We could also see the stage close up and we were all amazed by the intricacy of the props. As we went into the second act we were once again blown away by the amazing cast and the crew that were moving all the props.

At the end of the performance we all cheered for the cast as they came on stage. I’m sure that everyone who went was singing the songs as they exited the theatre, as the songs are amazing and very catchy. All in all it was an amazing experience and we can’t wait until we can go and see another show next year.

Holly Lockhart
Year 9 Student
Careers

UTS New Bachelor of Management
The all new Bachelor of Management provides students with a broad introduction to key managerial concepts, immersion into innovative and entrepreneurial thinking, and a choice of three key majors in events, tourism and sport business.

UTS Engineering Bonus Points 2015
Questionnaire closes Fri 28th November
Engineering’s Year 12 Bonus Points Questionnaire could give students bonus points towards their application to a UTS engineering degree. Early round offers will also be made on the basis of this questionnaire.
http://www.uts.edu.au/future-students/engineering/essential-information/year-12-bonus-scheme-questionnaire

UNSW Parent Information Guide

UNSW: Changes to the AAA Scholarship
The Academic Achievement Awards are provided to encourage academically gifted local Higher School Certificate (HSC) or equivalent students from NSW and ACT high schools to undertake undergraduate study at UNSW. For entry to UNSW in 2015, the selection process will no longer require the school Principal’s nomination.
AAA offers will be made by UNSW to students that achieve the highest ATAR (not including bonus points) at eligible NSW and ACT high schools
https://scholarships.online.unsw.edu.au/scholarship/sc_al_search_detail.display_scholarship_details?p_scholarship_specific_id=1

Southern Cross University Main Round Scholarships
Applications close Sat 20th December
Southern Cross University offers a range of scholarships to undergraduate students commencing study in 2014. Applicants can apply online and will be considered for all scholarships that they are eligible for.

UTS Discover Architecture Summer School
Applications close Mon 5th January
Summer school runs from Mon 12th January – Thu 22nd January, UTS School of Architecture, 702-730 Harris Street, Ultimo
The UTS Discover Architecture Summer School is aimed at students who are considering a career in architecture.
Students will get to explore the Sydney CBD, make models and drawings using advanced digital equipment, meet and work with architects working at a variety of levels, and more. The course costs $599 and does not cover day-to-day
costs such as meals, flights or accommodation.
Contact: Joanne Kinniburgh on 02 9514 884 or Joanne.Kinniburgh@uts.edu.au
http://www.utsarchitecture.net/discoverarchitecture/

The University of Sydney Science Experience
Wed 14th January – Fri 16th January
Get a greater understanding of the reality behind a lot of popular forensic television shows through hands-on lectures and presentations. Students perform tasks such as blood typing, DNA analysis, identifying fibres from a crime scene, cleaning a digital photograph and undertaking fingerprint analysis to collect evidence against six suspects.
For students about to begin year 10 or 11
Contact Jessica Morris: (02) 9114 0825 or science.alliance@sydney.edu.au

The University of Sydney Gifted and Talented Discovery Program
Registrations for the program’s qualifying exams close Fri 24th October
The program aims to provide talented high school science students (in Years 9 and 10) with additional challenges and stimulation in the areas of biology, chemistry and physics. Students are provided with the opportunity to engage with University teaching staff and current researchers, access first-class facilities and make friends with people who have a mutual interest in science.

University of Western Sydney Course Decision Day
Mon 5th January, Parramatta Campus
Students who are undecided about their study path may attend course decision day to get access to further information about their study options. Academics from all areas of study will give presentations on courses and attendees can speak one-on-one to an academic in the course advising rooms.
http://future.uws.edu.au/future_students_home/events_at_uws/course_decision_day

Charles Sturt University Bachelor of Applied Science Webinar
Thu 23rd October, 7.00pm – 7.45pm
The webinar will outline the benefits of the course and the opportunities for graduates.
Contact: Judy Walsh on (02) 6338 6010 or infoevents@csu.edu.au

Monash Advice via YouTube
Monash, in collaboration with first year students, have put together a series of short videos featuring study advice and tips from those who achieved exceptional ATARs. These videos are titled ‘Brilliant Advice’ and aim to inspire year 12 students.
http://www.youtube.com/user/monashunivideo

TAFE & Apprenticeships

Sydney TAFE Information Sessions
Library and Information Services Information Session: Wed 29th October 2.00pm – 3.00pm, Level 3, Building G, Sydney TAFE, Thomas Street, Ultimo
TAFE Courses Information Session: Tue 18th November, 6.15pm – 7.15pm, Building FLG19, St George
Campus corner of President Avenue and Princes Highway, Kogarah
Bachelor of Applied Management and Graduate Certificate of Management Information Session:
Wed 26th November, 6.15pm – 7.15pm, Building FLG19, St George Campus corner President Avenue and the Princes Highway, Kogarah
IT Degree Information Session: Wed 10th December, 6.00pm – 7.00pm, Room A1.10, Level 1, Building A, 27 Crystal Street, Petersham
http://sydneytafe.edu.au/

**Private Colleges**

**Macleay College Industry Days**
Sat 25th October and Sat 1st November
Macleay College will host two Industry Days for senior high school students to provide them with a taste of their possible future careers. There will be individual sessions focused on Sports Management and Journalism on the first industry day with the second industry day holding individual sessions on Event Management and Tourism.

**AIE Open Day**
Sat 15th November, 10.00am – 3.00pm, Sydney and Canberra campuses
Discover the courses designed to get you started in game development, 3D animation and visual effects. Open day will include presentations on different areas of the industry and provide information on full-time and part-time courses. Student work will be on display and teachers will be available for consultations.

**AIE Online Experience Day**
Sat 29th November, 12.30pm – 4.00pm (AEDT)
Course overview sessions will be running on the range of online courses in 3D animation, game programming and game design offered by AIE. In addition, Rowan Ziesing, an industry speaker, will provide valuable insights into what the life of an animator is like.
http://www.aie.edu.au/announcements/online-experience-day-november-29th-2014

**AIE 2014 Graduate Showcase**
Tue 2nd December, 4.00pm – 7.00pm
Students graduating from the Advanced Diploma of Professional Game Development (Programmers and Artists) and Advanced Diploma of Screen and Media will have a collection of works on display throughout the evening.

**Tractor 2015 Intake Scholarship**
Written submissions due Fri 23rd January
Tractor is offering one full time scholarship for the Advanced Diploma of Graphic Design. To apply, applicants are required to write a 500 word maximum submission on why you would like a Tractor Scholarship.
http://www.tractor.edu.au/tractor-scholarships/
Actors College of Theatre & Television 2015 Applications Open
Applications are now open for the acting, musical theatre, technical production or stage management courses being held by the Actors College of Theatre & Television (ACTT) in 2015. Submit an expression of interest now to get in contact with ACTT and find out how to apply. http://www.actt.edu.au/admissions/apply-now/

Karl von Busse Institute
Sat 15th November, CQ University Building, Level 2, 400 Kent Street, Sydney
Meet staff and students to learn about the study options available.
Contact: admin@karlvonbusse.com

Other News
Open Universities Australia Career Advice and Online Readiness Tools
Open Universities Australia has two online services to assist future students in their study decisions. The career advice tool aims to help students in their career choice. They’ve created some search options based on job type and industry type. Students can follow the links online to discover more. http://www.open.edu.au/careers

Career FAQs : Engineering career fact sheet

Career FAQs: Where are all the jobs? The hidden jobs market revealed

The Job I Love Guide
‘The Job I Love’ allows students and jobseekers find out about occupations and careers within the service industries. It has information about qualifications, how to find training, and what course goes with what job. Download it here: http://www.serviceskills.com.au/the-job-i-love-careers-guide

AFS Intercultural Programs: Online Information Session
Tuesday 18th November, 7pm (AEDT)
AFS is a global volunteer organization that arranges student exchanges to other countries. If you’re unable to attend a local Open Day or Open Night, AFS run online information sessions. Register your interest now: http://www.afs.org.au/news-and-events/open-days/#rur

Ms Jennifer Nicolas
Careers Advisor
Dear Friends of Kids Giving Back,

IMMEDIATE VOLUNTEERING OPPORTUNITIES

Art and Family Fun day Sat. Oct 25 +
Halloween@Waverley Library, Fri pm Oct 31.

Read on for details.

#1. Reuse and Celebrate! Art + Family Fun Day
5 volunteers needed - age 14.9 years+
When: Saturday October 25, 8.30am - 3.30pm
Where: Bondi
Your job: Sell 2nd hand books and CDs, set up and pack down event, help run kids painting activities e.g. large scale mural painting on canvas, and more!
Volunteers must be self starters and motivated
This event is part of Waverley Council’s annual Garage Sale Trail Day - Be creative, get inspired and have fun
Contact: ColleenN@waverley.nsw.gov.au

#2 Pink Sunday, October 26, to support the Breast Cancer Network
3 teens age 13+
When: Sunday October 26, 2014 for a few hours
Location: Woollahra
Your job: Welcome guests, help to sell items at a street stall, plus an assortment of other tasks to help on the day
Contact: Miri 0413 701 501 or email rimglade@bigpond.com

#3 Halloween Night @ Waverley Library
3 volunteers needed ages 16 - 22 years
When: Friday October 31, 2014, 5.00pm - 8.00pm
Where: Waverley Library - Dennison Street Bondi Junction
Tasks include: Encourage younger kids to take part in activities, craft table leader, run games for little kids, set up and pack down, help prepare refreshments and control lollies etc
Join Library staff in Dressing up in something suitably spooky (not too scary for little kids)
Volunteers should be outgoing and able to interact well with both younger kids and adults
Contact: ColleenN@waverley.nsw.gov.au

For more details about the event or tickets (free event) head here http://tinyurl.com/Halloween-Waverley-Library

Please Like us on Facebook to keep up with all our volunteering opportunities https://www.facebook.com/KidsGivingBack

Creating the Next Generation of Generosity
NSW Adolescent Vaccination Program 2015
for Years 11 & 12 Students

All year 11 and year 12 students will be offered
- Measles, Mumps & Rubella vaccine
  o as a catch-up for students who have not had 2 doses previously

If your child has had two doses of MMR vaccine previously, they do not need this vaccine at school. If your child has had one previous dose, we can give them a second dose at school. If your child has not had any doses of MMR vaccine previously, we can give them one dose at school and they can receive a second dose for free at the GP (one month after the first dose).

To know if your child has previously received MMR vaccine you can:
- Check your child’s Blue Book and/or Australian Childhood Immunisation Register (ACIR) Immunisation History Statement
- Request a copy of your child’s immunisation history statement from the ACIR: – online at www.humanservices.gov.au/online or through the Medicare Express App
- In person at your local Medicare Service Centre
- By calling 1800 653 809
- Check with your child’s doctor

Please do not contact your local Public Health Unit as they do not store MMR records

Students will not be vaccinated at school unless a completed and signed consent form is returned to the school.

If you do NOT wish your child to be vaccinated, do NOT complete or return the MMR Consent Form.

Look out for consent forms early in 2015!

Further information will be provided in Parent Information Packs in 2015 and is also available now in many languages at:

A record of vaccination will be given to your child at the time of each vaccination. Please keep these for your records and provide a copy to your local doctor.
ALL NOTICES WILL NOW BE IN NEWSLETTER FOR 2 MONTHS ONLY UNLESS REQUESTED TO KEEP THE AD GOING

UNIFORM ITEMS FOR SALE

Selling  Size 12 Blazer   Great condition $70.00
Contact Elizabeth on 0405 418 958.

Brigidine College Uniforms, Accessories and Books for Sale

<table>
<thead>
<tr>
<th></th>
<th>Condition</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dress</td>
<td>Brand New</td>
<td>16</td>
<td>$70</td>
</tr>
<tr>
<td>Dress</td>
<td>Very Good</td>
<td>16</td>
<td>$30</td>
</tr>
<tr>
<td>Aprons (Navy and White)</td>
<td>nearly new</td>
<td></td>
<td>$5 each</td>
</tr>
</tbody>
</table>

Please contact: Belle Kong (parent) at 0430 020 629 or email: belle.kong@yahoo.com.au.