

# Brigidine College Newsletter

October 2014  
Issue # 15

## COMING EVENTS

**MONDAY 13 OCTOBER 2014**  
HSC Commences

**TUESDAY 14 OCTOBER 2014**  
Year 11 Probus Talk

**WEDNESDAY 15 October 2014**  
Years 9,10 & 11 Elective Music  
Excursion

**WEDNESDAY 15 OCTOBER  
2014**  
Year 11 Night Patrol

**THURSDAY 16 & FRIDAY 17  
OCTOBER 2014**  
Year 11 Retreat

**TUESDAY 21 OCTOBER 2014**  
CGSSSA Volleyball

**WEDNESDAY 22 OCTOBER  
2014**  
Year 11 Drama Excursion

**THURSDAY 23 OCTOBER 2014**  
Year 8 Sculptures by the Sea  
Excursion

### BRIGIDINE BASICS

- The hem of a student's uniform touches the floor when kneeling.
- Every girl is to be at school by 8.30am at least.
- Teaching commences at 8.40am
- Supervision of girls begins at 8.20am. Girls should be in either the Main Quad or the Canteen Quad.
- Parents should not drop and pick up daughters in Aeolia Street. This causes dangerous traffic for the students.

Dear Parents,

I say it every time that I return from an overseas trip...it is lovely to be home. My daughter's wedding was everything she wished it to be and after the wedding week I spent five days on the island of Molokai. This is the most rural of the Hawaiian Islands and while the islanders are happy for the tourist income, the island is not set up for tourism. In fact I was transported back to the paradise of my childhood in central Queensland in the 1960's and this was a very enjoyable surprise experience of the visit for me. If you only want Waikiki, don't go to Molokai. So I was able to find beaches where I could be completely alone with the sea and Maui and Lanai on the horizon. I went to Molokai to experience a little more of the story of Saints Damien and Marianne who cared for the lepers on that island's Kalaupapa peninsular. When Captain Cook visited Hawaii in the 1770's it is estimated that 200,000 native Hawaiians lived on the islands. By 1860 the diseases brought in by westerners had decimated the population to 40,000. Most distressing of these diseases was leprosy which had repugnant symptoms and was contagious and incurable. Damian and Marianne and her nuns from New York came to do what no one else would do; live with the patients on Molokai and establish dignity and order to the place through health care and education. Today the settlement at Kalaupapa is a United States National Park. The scenery is spectacular as once the island was a huge volcano and now one half has disintegrated into the sea leaving the other half to exist as the highest sea cliffs in the world. No road goes down these cliffs on the north shore of Molokai on to its flat peninsular; you can fly in, sail in or go down a path constructed for mules in 1907. I decided the latter was for me. I showed the girls my photos on assembly on Wednesday and they were much amused to see me on Twilight my noble mule who carried me down the 1700 ft cliff and back up again. Going down was very uncomfortable and I really had to concentrate on staying in the saddle while Twilight calmly went about his work of staying in line with the other mules. The handlers said that the mules put their hooves in the same spot each time.



Sometimes the sheer drop of the cliff face was right next to the path; however, such was my faith and trust in Twilight and the handlers that I was never frightened. I only had to stay on!!!. After the descent, going back up was a breeze.

I underlined the moral for our HSC class of 2015. If they have faith and trust in their teachers and carry through on instructions, concentrate and be committed to the task of gaining their best HSC, then they will achieve that outcome.

How the girls grow during the year! Soon we will put in some repercussions for girls whose uniforms need to be taken down. The length for a girl's skirt is touching the floor when kneeling. We encourage each girl to be proactive in assisting parents to have this task done. Each week in this newsletter is an advertisement for a local dressmaker who can make the alterations.

Year Seven 2015 will be in a new sport uniform and the new uniform will not be sold to the older junior secondary students. It is a condition of enrolment that each girl has each item of uniform and I am concerned about the state of some of the sports uniforms. We have dropped the price of the present sports uniform and I encourage parents to be proactive in ensuring that their daughters have the correct uniform and that it is in good order.

Yesterday I had my second meeting with architects about the capital works here at Brigidine in 2016. Consultation meetings with parents, students and staff is a part of their brief. Over the holidays a room which has been a computer room was refurbished and is now the music computer room with specialist software and keyboards for our music classes.

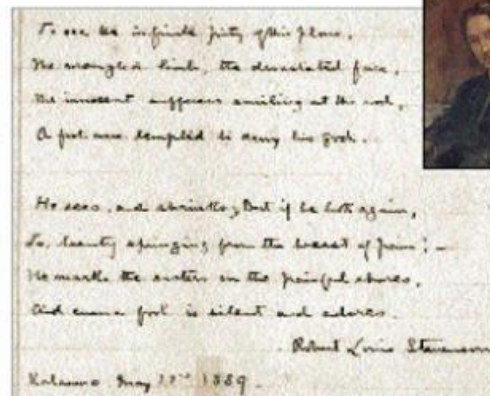
HSC 2014 starts on Monday. We have come full circle again.

**Reverend Sister Marianne  
Matron of the Bishop Home, Kalaupapa**

*To see the infinite pity of this place,  
The mangled limb, the devastated face,  
The innocent sufferers smiling at the rod,  
A fool were tempted to deny his God.*

*He sees, and shrinks; but if he look again,  
Lo, beauty springing from the breast of pain!—  
He marks the sisters on the painful shores,  
And even a fool is silent and adores.*

**Robert Louis Stevenson  
Kalawao, May 22, 1889**



Original copy of poem in Blessed Marianne Cope Museum at 1024





*May Brigid Bless the House Wherein you dwell*

**Ms Kate Edmondson**  
**Principal**

### **FROM THE ASSISTANT PRINCIPAL**

Welcome back to Term 4. All girls should have returned in their summer uniform. I would ask all parents to ensure their daughters are in the correct uniform every day. It is **not** appropriate for the girls to wear incorrect uniform at any time, this includes wearing non-uniform items – hoodies, jackets, earrings, etc... along with wearing the sports uniform when they don't have sport. Incorrect uniform, particularly earrings and hoodies, take up too much of the staff's time, as the girls are just not adhering to the school rules. **If your daughter has had her ear pierced in any other area apart from the ear lobe, please ensure the earring is not worn to school ever.**

#### **eDiary**

All girls in Years 7 – 11 were given access to the College's new eDiary last Term. A paper diary will no longer be used at the College from 2015. Girls have been sent an email giving them access and they must follow the prompts to register. The diary has been linked to the new SENTRAL portal so the girls can access the diary through SENTRAL. Parents will have some access to their daughter's eDiary from 2015 and there are more details to come regarding this. The eDiary aims to strengthen the home-school partnership by giving parents a clearer picture of their daughter's homework and assessment schedules through regular updates.

#### **SENTRAL Portal**

Thank you to all those parents who have successfully registered and linked their daughter/s to the SENTRAL portal. Some parents have registered for the portal but have yet to use the access key provided in the initial email to link their daughter/s to the account. **If you log into SENTRAL and cannot see your daughter's picture, you need to use the access key provided to access the account fully.** For those parents who are yet to register could you please do this ASAP.

#### **Parking**

Brigidine College is a site that presents difficulty for parents electing to drop off and pick up their daughters. To ensure safety at all times, parents are asked to remember the following:



- The drop off and pick up zone is on Coogee Bay Rd; please adhere to the parking signs
- There is **NO PARKING** in Aeolia Street
- The worst times to collect and drop off your daughters are between 8:20 am—8:30am and 3:20pm—3:30 pm. Perhaps you might consider arriving and departing outside these times
- Double parking is **ILLEGAL** and jeopardizes student safety

### Dates to Note:

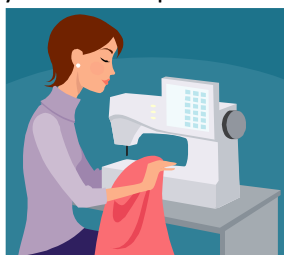
| Date                       | Event  |
|----------------------------|--|
| 13/10/2014                 | <ul style="list-style-type: none"> <li>• HSC Commences</li> </ul>                                |
| 15/10/2014                 | <ul style="list-style-type: none"> <li>• Night Patrol</li> <li>• Music Excursion</li> </ul>      |
| 16/10/2014 –<br>17/10/2014 | <ul style="list-style-type: none"> <li>• Year 11 Retreat</li> </ul>                              |
| 21/10/2014                 | <ul style="list-style-type: none"> <li>• CGSSSA Volleyball</li> </ul>                            |
| 22/10/2014                 | <ul style="list-style-type: none"> <li>• Year 11 Drama Excursion</li> </ul>                      |
| 23/10/2014                 | <ul style="list-style-type: none"> <li>• Year 8 Art Excursion (Sculptures by the sea)</li> </ul> |

Thank you for your continued cooperation and support.

**Brigid Taylor**  
Assistant Principal

### UNIFORM NEED ALTERING?

Too long, too tight, elastic not right? I have over 50 Years experience in sewing and doing alterations and now I do them for my Grandson's uniforms! If you need prompt, affordable help with making those uniforms fit just right, please call me. I can also come to the uniform shop if you need help with fitting. Tina 9399 8009 or 0410 540 084



## Elleanor Benjamin takes on V Fest

Congratulations to Elleanor Benjamin who has won 2<sup>nd</sup> Prize in the V Fest 2014, Student Video Competition. V Fest is an annual video competition organised by Rose Bay Secondary College. Her video entitled "Cold Memories" was worked on over a 9 month period for her Body of Work for the Visual Arts. Elleanor created a story board and then worked every drawing for the cell by cell animation. She started with the figures and then moved to the background. She explored the importance of friendship in her video. Congratulations to Mrs Smyth, Elleanor's teacher for the HSC.



**Ms Deirdre Brennan**  
Visual Arts Coordinator



## SPORT NEWS

Congratulations to our CGSSSA Dance Team especially the girls in the Contemporary group who gained FIRST PLACE – an incredible achievement against some very tough competition. Our Tap, Hip Hop and Jazz teams also performed well on the day. A huge thank you must go to our dance coaches Jasmine Dekantos, Shelley Bays and Liora Ayalon who worked with the girls all term to produce excellent routines. Thank you to all girls in the dance team for all your hard work and commitment.

### Contemporary

Mae La Rosa  
Talia Peterson  
Isabella Jreige  
Kyra McMorrow  
Estelle Davis  
Lowri Funnel  
Carmen West

### Tuesday Touch

A reminder to all students and parents involved in Tuesday Touch that the first round begins on 21 October at queens Park. The draws and all necessary information will be handed out next term and all girls who are competing will have the \$70 charged to their school fees.

### Jessica Frawley

Jessica Frawley recently attended the All Schools Taekwondo Championships at St Ignatius College, Riverview and won a gold medal. Jess competed in the open under 15's Black Belt competition. Great work Jessica and Congratulations.



### CCC Athletics

Congratulations to the following girls on their fantastic results at the NSW Combined Catholic Colleges' Athletics.

|                            |                     |                           |
|----------------------------|---------------------|---------------------------|
| <b>Tully Votano</b>        | <b>Silver Medal</b> | <b>15 Years Hurdles</b>   |
| <b>Annalise Sutherland</b> | <b>Gold Medal</b>   | <b>16 Years high jump</b> |
| <b>Bridget O'Connell</b>   | <b>Bronze Medal</b> | <b>17 Years High jump</b> |

**Mrs Kate Elder**  
**PD/H/PE Department**

### YOUTH MINISTRY

On the 4th of September, four Year 11 girls attended a Youth Forum at the CEO Regional Office in Daceyville. The theme of the forum was about Asylum Seekers and refugees and how we, as Christians, should be treating them versus how the government and media are treating them. There was a guest speaker, Lucy Morgan from the Australian Refugee Committee, who came and talked about the difference between Asylum seekers and Refugees and the common misconceptions about them that the media have painted. We then got split up into groups and answered some questions about asylum seekers and refugees and our perspective on how we should treat them. Overall, it was a very illuminating forum where we learnt about the real asylum seekers, and not just the media's view.

**Jaynell Vila**  
**Student**



## FAMILY COOK4GOOD

FAMILY COOK4GOOD - Sunday, October 19 - a Kids Giving Back volunteer program for the entire family, ages 8+

Join us in making a difference to someone else's life. Cook4Good participants will cook approximately 350+ nutritious meals and deliver to recipients in need. 10am start, program duration approximately 4 hours including cooking and food delivery. COST: Adults \$40pp, Kids/Teens \$30pp covers the cost of ingredients supplied by OBK plus a light brunch. Participation fee includes a donation toward purchasing baking equipment for a Bangkok charity committed to getting young people off the streets.

To register: <http://tinyurl.com/family-Cook4Good> Pre-Registration necessary - numbers strictly limited. Any questions please contact [info@kidsgivingback.org](mailto:info@kidsgivingback.org)



Dear Friends of Kids Giving Back

We are pleased to present our first Family Cook4Good a volunteer program for all the family with kids aged 8+

Join us to prepare, package and deliver approximately 350+ nutritious meals for the homeless and individuals in need. Experience the richness and fun of giving to others, together.

Date: Sunday, October 19th, 2014

Time: 10.00am to 2.00pm including delivery

Location: Our Big Kitchen, 36 Flood Street, Bondi

Cost: \$ 40 per adult and \$30 per kid/teen

Payment covers the cost of ingredients supplied by OBK plus an afternoon snack AND a contribution to a charity that gives kids in Thailand a viable commercial alternative to life on the streets. More details on the day!

Pre-registration required via Eventbrite:

<http://www.eventbrite.com.au/e/kids-giving-back-family-cook4good-tickets-13219934179>

Check out our short video to see previous Cook for Good experiences <http://youtu.be/-wXAitjt5Q>

Any enquiries please contact us, [info@kidsgivingback.org](mailto:info@kidsgivingback.org)

Looking forward to cooking with you and wishing you all a happy and safe school holidays,

-- Ruth and Carole

Like us on Facebook to keep up with new volunteering opportunities and recent activities <https://www.facebook.com/KidsGivingBack>

Head to our website to sign up for our blog [www.kidsgivingback.org](http://www.kidsgivingback.org)





## Careers News

Want to receive the latest Careers news on what interests your daughter? Want to quickly find the information to help them with their choices?

Go to [www.jobjump.com.au](http://www.jobjump.com.au) and watch the 3 minute video on the top right hand corner.

Our school's password is: dogs

A detailed version of this information is posted to the [Careers Edmodo page](#).

Password is 3zr7zy.

## Universities

### ANU: New Bachelor of Laws (Honours)

From 2015, the Bachelor of Laws will be offered as an embedded Honours program. This means all students commencing from 2015 onwards will graduate with a Bachelor of Laws (Honours) – LLBHons – degree. Students will be able to undertake the degree as a single degree, or as part of a Flexible Double Degree.

<http://law.anu.edu.au/llb/bachelor-laws-honours>

### UTS Course Update for 2015

#### Arts and Social Sciences

**Master of Teaching in Secondary Education:** This degree will replace the existing Bachelor of Teaching in Secondary Education. After completing an undergraduate course of their choosing, students can apply for the Master of Teaching in Secondary Education

**Diploma of Languages:** New sub-bachelor diploma program that allows students to study languages in addition to their undergraduate or postgraduate program.

#### Business

Bachelor of Management and Bachelor of Management, Bachelor of Arts in International Studies will replace the existing courses outlined below:

Bachelor of Management in Events and Leisure

Bachelor of Management in Tourism

Bachelor of Management in Tourism and Hospitality

Bachelor of Management in Tourism Bachelor of Arts in International Studies

Bachelor of Management in Events and Leisure Bachelor of Arts in International Studies

#### Science

The following new courses will be available in 2015:

Bachelor Advanced Science (Advanced Materials)

Bachelor Advanced Science (Environmental Biotechnology)

Bachelor Advanced Science (Infection and Immunity)

Bachelor Advanced Science (Pre-Medicine)

Bachelor Medicinal Chemistry

Bachelor Biomedical Physics

<https://www.uts.edu.au/future-students/engineering/essential-information/course-guides>

### Special Tertiary Admissions Test

The Special Tertiary Admissions Test is a required test for students wishing to study the Bachelor of Veterinary Biology/Doctor of Veterinary Science at the University of Sydney. It is also for students that have no formal qualifications on which to base their application to a tertiary institution. Tests are held



throughout NSW & ACT.

Contact: [1300 275 822](tel:1300275822)

<http://www.uac.edu.au/stat/>

### **University of Wollongong Sydney Campus New Business Degrees**

Consultation with industry executives, professionals and alumni has revealed that a strong industry demand exists for undergraduate business degrees focusing on banking, financial services and accounting.

To meet this demand, the University of Wollongong's Faculty of Business has designed two new specialised degrees in close collaboration with these stakeholders; the Bachelor of Accounting and Financial Services and the Bachelor of Banking and Financial Services.

<http://business.uow.edu.au/financialservices/index.html>

### **Private Colleges**

#### **Sydney Design School Information Sessions**

Thu 6<sup>th</sup> November, 1.00pm

Thu 20<sup>th</sup> November, 6.00pm

Level 2, 40 Oxley Street, St Leonards

Information sessions will run for approximately 40 minutes, and will cover the courses available at the design school and the career opportunities available to graduates.

<http://sydneydesignschool.com.au/info-sessions/>

#### **College of Event Management Information Session**

Fri 24<sup>th</sup> October, 6.30pm, Level 9, 28 Foveaux Street Surry Hills

Speak to lecturers and staff to learn about the course and exciting career opportunities available after graduation.

Contact: 1300 725 846 or <mailto:enquiries@coem.edu.au>

<http://collegeofeventmanagement.com.au/campus/information-sessions>

#### **JMC Academy Launches Digital Design Course**

From February 2015, JMC Academy Sydney will be offering a new course in Digital Design. The new course will be centred around design for the future, designing for apps and devices, as well as spaces and experiences.

<http://www.jmccademy.edu.au/News/2014-07-02/JMC-Academy-launches-Digital-Design-course.cfm>

#### **Ella Baché College of Skin and Beauty Therapy Open Day**

Sat 15<sup>th</sup> November, 11.30am – 1.00pm, Level 2/77 Berry Street, North Sydney

Staff and former students will be available to speak about courses and post-graduation career options.

<http://www.ellabachecollege.edu.au/>



## Other News

### Australian Defence Force Online Information Session

Online: Thu 23<sup>rd</sup> October, 6.00pm – 8.00pm (AEST)

Chat live with midshipmen and officer cadets to learn about their experiences, life at ADFA, and how they find balancing military training with their university study.

<https://www.facebook.com/DefenceJobsAustralia/events>

### Veterinary Nursing Training Pathways

This site provides a good overview of the training required to become a Veterinary Nurse.

In addition, details about what it is like to work as a Vet Nurse are available, as well as information about how to extend your career possibilities in the future.

<http://www.vnca.asn.au/my-career/training-pathways/>

### Matrix 2015 UMAT Preparation Course

Sun 26<sup>th</sup> October – Sun 16<sup>th</sup> November, Sydney City Campus

Contact: 1300 008 008 or [info@matrix.edu.au](mailto:info@matrix.edu.au)

<https://www.matrix.edu.au/2015-umat-preparation-course/>

### Antipodeans Abroad Information Sessions

UniBreak Information Night

Tue 14<sup>th</sup> October, 6.00pm – 7.00pm, 303A / 282 Victoria Ave Chatswood

UniBreak Online Information Webinar

Thu 16<sup>th</sup> October, 5.30pm – 6.30pm (AEDT)

GapBreak Information Night

Wed 29<sup>th</sup> October, 6.30pm – 7.30pm, 303A / 282 Victoria Ave Chatswood

Gap Break Online Information Webinar

Wednesday 5<sup>th</sup> November, 6pm - 7pm (AEDT)

<http://www.antipodeans.com.au/info-nights.htm>

### CCUSA Camp Counselors Information Sessions

Sydney: Tue 21<sup>st</sup> October, 6.30pm – 7.30pm, CCUSA Head Office, Level 8, Suite 811, 301 George St

Learn about the opportunities and application process for Camp Counselors USA 2015.

Any questions call 1300 859 040 or email

[Australia@ccusa.com.au](mailto:Australia@ccusa.com.au)

<https://www.facebook.com/ccusa.australia/events>

[www.ccusa.com.au](http://www.ccusa.com.au)

### Camp America Information Sessions

Online Information Session: Wed 8<sup>th</sup> October, 6.30pm – 7.30pm (AEDT)

<http://campamerica.com.au/info-sessions/>

### Projects Abroad Information Session

Mon 27<sup>th</sup> October, 6.30pm – 7.30pm, Sydney Central YHA, 11 Rawson Place

This general information session will provide an overview of Projects Abroad, profiles of volunteers, safety concerns, and information on all their different destinations and projects.

<http://www.projects-abroad.com.au/more-info/information-events/>



## IEP Working Adventures Worldwide Information Sessions

### Online Information Sessions

Work Britain and Work Britain Visa Kick Start: Wed 8<sup>th</sup> October, 7.30pm – 8.00pm

Work USA: Wed 8<sup>th</sup> October, 6.00pm – 6.30pm

Work Canada: Wed 8<sup>th</sup> October, 6.30pm – 7.30pm

Summer Camp USA: Wed 8<sup>th</sup> October, 7.00pm – 7.30pm

### Sydney Information Sessions

Thu 6<sup>th</sup> November at the STA Travel Shop, 841 George Street, Sydney

Work USA Info Session: 6.00pm – 6.30pm

Summer Camp USA Info Session: 7.00pm – 7.30pm

<http://www.iep.com.au/Events.aspx>

## Student Exchange Australia New Zealand Online Information Sessions

Wednesday 22<sup>nd</sup> October, 7:30pm - 8:30pm

Wednesday 19<sup>th</sup> November, 5:30pm -6:30pm

Find out about the programs offered and get any questions answered from the comfort of your own home. Online information sessions are conducted by a staff member over a video internet connection.

<http://studentexchange.org.au/info-sessions/live-online/>

**Mrs Jennifer Nicolas**  
**Careers Advisor**



**Presented by the Black Dog Institute and  
Botany Bay City Council**

# Breaking down depression & building *Resilience*



## *About this presentation*

This free presentation is designed for parents, carers and supporters of people with depression.

The presentation will explore:

- Defining and recognising mood disorders.
- Causes of mood disorder.
- Symptoms, and how to spot early warning signs.
- What to do and how to build personal resilience.
- Treatments and interventions for mood disorders.
- How to support and build personal resilience when dealing with depression.

The desired outcome is that people will be better informed, better equipped to identify warning signs, feel more comfortable seeking help and communicating more openly and honestly.

**When:** Thursday 16th October, 2014

**Where:** Central Library Eastgardens  
Westfield Eastgardens, Banks Avenue, Eastgardens

**Time:** 6:00pm - 7:00pm

**Cost:** Free - light supper will be provided.



Bookings are essential contact Community  
Services on 9366 3889

[www.blackdoginstitute.org.au](http://www.blackdoginstitute.org.au)





## NSW Adolescent Vaccination Program 2015 for Years 11 & 12 Students

All year 11 and year 12 students will be offered

- Measles, Mumps & Rubella vaccine
  - as a catch-up for students who have not had 2 doses previously

If your child has had two doses of MMR vaccine previously, they do not need this vaccine at school. If your child has had one previous dose, we can give them a second dose at school. If your child has not had any doses of MMR vaccine previously, we can give them one dose at school and they can receive a second dose for free at the GP (one month after the first dose).

To know if your child has previously received MMR vaccine you can:

- Check your child's Blue Book and/or Australian Childhood Immunisation Register (ACIR) Immunisation History Statement
- Request a copy of your child's Immunisation History Statement from the ACIR: – online at [www.humanservices.gov.au/online](http://www.humanservices.gov.au/online) or through the Medicare Express App
  - in person at your local Medicare Service Centre
  - by calling 1800 653 809
  - Check with your child's doctor

Please do not contact your local Public Health Unit as they do not store MMR records

*Students will not be vaccinated at school unless a completed and signed consent form is returned to the school.*

If you do NOT wish your child to be vaccinated, do NOT complete or return the MMR Consent Form.

**Look out for consent forms early in 2015!**

Further information will be provided in Parent Information Packs in 2015 and is also available now in many languages at:  
[http://www.health.nsw.gov.au/immunisation/Pages/school\\_vaccination\\_language.aspx](http://www.health.nsw.gov.au/immunisation/Pages/school_vaccination_language.aspx)

A record of vaccination will be given to your child at the time of each vaccination. Please keep these for your records and provide a copy to your local doctor.

**ALL NOTICES WILL NOW BE IN NEWSLETTER FOR 2  
MONTHS ONLY UNLESS REQUESTED TO  
KEEP THE AD GOING**



## UNIFORM ITEMS FOR SALE

