SOME WISDOM FROM THE SCRIPTURES
This is an obscure quotation from the Catholic Scriptures about the centrality of forgiveness in our relationship with God with which you may not be familiar.

Anger and wrath, these also are abominations, yet a sinner holds on to them.
The vengeful will face the Lord’s vengeance,
for He keeps a strict account of their sins.
Forgive your neighbour the wrong she has done,
and then your sins will be pardoned when you pray.

Does any harbour anger against another, and expect healing from the Lord?
If someone has no mercy towards another like herself,
can she then seek pardon for her own sins?
If a mere mortal harbours wrath who will make an atoning sacrifice for her sins?
Remember the end of your life, and set enmity aside;
remember corruption and death, and be true to the commandments, and do not be angry with your neighbour;
remember the covenant of the Most High, and overlook faults.
Refrain from strife; and your sins will be fewer;
for the hot tempered kindle strife and the sinner disrupts friends and sows discord among those who are at peace. 

Sirach 28.
There is much to read in this Newsletter and I recommend each article for your attention. Once again, the HSC Trials are over and Brigidine is a very busy place as we move toward Graduation. I hope to see as many of our community as possible at the ART EXHIBITION.

**Absences from School**
If you know that your daughter is going to be away or you are planning to be away from school, parents need to fill out an Exemption from School form, which is available on our website or in hard copy from our front office. This is a mandatory requirement and all absences must be accounted for. If we do not receive this form then your daughter will be marked as an unexplained absence.

**New Standard Collection Notice from the Catholic Education Office (CEO)**
[LINK to the Document](#)

*May Brigid Bless the House Wherein you dwell*

Ms Kate Edmondson
Principal

**FROM THE ASSISTANT PRINCIPAL**

**Year 11 Final Exams**
A note went home this week regarding the Year 11 final exam block. The exams for Year 11 begin on Friday 5th of September. All girls are required at school for all lessons up until this date. Their final exam will be the morning of Tuesday 16th September at which all girls are required at school, in full school uniform for the entire day. It is imperative that girls arrive at school at least half an hour before the scheduled start time of their exams.

**Wet Weather**
As we receive some much needed rain, I remind both parents and girls that only plain navy blue or green spray jackets are permitted to be worn over the uniform. The girls are aware of this and it is disappointing that some continue to flout the rules and wear what the please. Girls will be issued an immediate lunch detention for not wearing the correct uniform. Girls who continually choose to make the wrong decisions regarding their uniform will receive a Tuesday afternoon detention.

**SENTRAL ACCESS**
Thank you to all those parents who have successfully registered and linked their daughter/s to the SENTRAL portal. Some parents have registered for the portal but have yet to use the access key provided in the initial email to link their daughter/s to the account. If you log into SENTRAL and cannot see your daughter’s picture, you need to use the access key provided to access the account fully. For those parents who are yet to register could you please do this ASAP.

**Updated Anti-bullying Policy**
As part of a whole CEO system approach to bullying, every school has had to update their existing anti-bullying policy. You will find the College’s updated policy on our website under the ‘Policies’ tab. In this section of the website you will also
find a link to the CEO’s general anti-bullying policy and a brochure for parents on the ways they can address bullying issues. This brochure went home in hard copy to all girls in Years 7 – 9 this week.

**Dates to Note:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>26/08/2014</td>
<td>• Visual Arts Exhibition Opening Evening (6pm)</td>
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<td>• Sports Awards Assembly</td>
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<tr>
<td>27/08/2014</td>
<td>• Year 11 Business Studies Excursion</td>
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<td>28/08/2014</td>
<td>• Sports and Extra-Curricular Photos</td>
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<tr>
<td>23/09/2014</td>
<td>• Design &amp; Technology HSC Marking &amp; Parent evening (5:30-7pm)</td>
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<tr>
<td>05/09/2014</td>
<td>• Year 11 Exams begin</td>
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<td></td>
<td>• Year 7 Taronga Zoo Excursion</td>
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</table>

Thank you for your continued cooperation and support.

**Brigid Taylor**  
**Assistant Principal**

**SENTRAL PORTAL NOW AVAILABLE FROM BRIGIDINE WEBSITE**

Sentral Portal access is now available via the Brigidine Website from our home page. The Sentral Portal link top of the Website between the **Contact** and **Site Map** and also via Parents drop down menu.
Brigidine College, Annual Visual Arts Exhibition 2014 Opening Night
Tuesday 26 August 6pm and continuing to Thursday 28 August 9-4pm
We look forward to seeing you at the Annual Visual Arts Exhibition.

SYDNEY MORNING HERALD ARTICLE FROM 3 AUGUST 2014
No safe level of missing school, study finds
Amy McNeilage and Timna Jacks

Kate Ulman (left) with husband Brendon and daughters (from left) Indigo, 13, Jarrah, 10, and Pepper, 6, on their Musk Vale farm. Photo: Getty Images/Paul Jeffers

Missing just one day of school has negative consequences for a student’s academic achievement, the first major study linking poor attendance to lower NAPLAN results has found.
And school attendance patterns established as early as year 1 can predict how often a student will show up to class right throughout high school, according to the research.

Australia is alarmingly slack when it comes to school attendance, with high school students skipping more days of school than almost any other developed country.

On Monday, the harmful effects of that absenteeism will be detailed by the results of a study to be presented at the Australian Council for Educational Research’s annual conference.

An analysis of the attendance records and NAPLAN results of more than 400,000 students from Western Australia found any absence of school leads to a slip in academic performance.

The study dispels the common belief there is a safe level of absence students can get away with before their grades will suffer.

“We were able to show that actually every day counts and days that you’re missing in year 3 and year 5, we can detect that all the way through to year 9,” the report’s co-author Professor Stephen Zubrick from the University of Western Australia said.

“A 10 day period of unauthorised absence in a year is sufficient to drop a child about a band in the NAPLAN testing.”

The most startling finding, he said, was that students arrive in year 1 “with their school attendance careers already in their pockets”.

“For most children, year 1 sets the pattern for what school attendance will look like in the future,” Dr Zubrick said. “You’re learning more than reading and writing. You’re learning to show up.”

While poor attendance is a problem across the socioeconomic spectrum, families in affluent areas often interrupt schooling for overseas holidays.

Dr Zubrick insists his message is not about finger-wagging or guilt trips, but says “we do need to recognise that when a child is standing on the Eiffel Tower so to speak, they may be learning a lot about the world but they’re not necessarily learning everything they’d be learning at school.”

Principal of Lauriston Girls’ School Susan Just said the school does not endorse families taking holidays during school time, and while students may take homework on a trip, they risk missing out on the "classroom experience".

She said acceptable grounds for leave could include health complications or athletic and cultural commitments sanctioned by the school.

Brighton College principal Julie Podbury said the school does not consider a family holiday to be an appropriate reason for missing school, but acknowledged that overseas travel can be beneficial to children.

“If the students go overseas, it impacts on their education. If they’re not engaged in any part of their education, they can fall behind the class and returning to school can be traumatic,” she said.

But Ms Podbury conceded that extended family travel can be "educational and enlightening". "There are things you just cannot learn in the classroom," she said.

In a major international survey of 15-year-olds, conducted by the OECD in 2012, almost one-third of Australian students said they had skipped at least one day of school in the previous two weeks.

That means Australian students skip school more frequently than any other developed country except Turkey and Italy. In high-performing countries such as Japan and Korea that figure was less than 2 per cent.
Chris Chant, the headmaster of Gardenvale Primary School, said absenteeism is a long-standing challenge of the school, with up to 10 of the 430 families withdrawing their kids during the year for travel.

Mr Chant said younger students were at greater risk of suffering academically after extended absenteeism, but older kids can stay afloat by keeping a travel diary, sending postcards to their teachers, learning a new language and keeping up to date with homework.

He added if parents were going to pull their kids out of school, it was up to them to ensure the trip is enriching.

“If the parents just want to go to Bali to buy cheap souvenirs and sit on the beach, you have to question their logic. But if it’s a four-week-tour of Italy, that’s different,” he said. “In some cases, kids will get to see things that I and the teachers can’t provide.”

Kate Ulman, mother of three from Daylesford, pulled her three daughters out of kindergarten and school for six months to drive through Australia in a caravan with her husband in 2011.

Ms Ulman said her three children, then under the age of 10, were travelling in a makeshift classroom, as they wrote journal entries, calculated distances and figured out how much petrol they would need and the cost of refuelling the caravan.

“We really are of the belief that what we teach them at home and in their natural environment is as important as what they get at school,” said Ms Ulman, who plans to take the family overseas for another six months in 2015.

“As far as I’m concerned, the kids fit in socially and academically after the trip.”

YEAR 9 RELIGIOUS EXCURSION
On Wednesday the 13th August year 9 attended a Religion excursion to Mary Mackillop’s Place, North Sydney and St Patrick’s Church, Church Hill. The day started off with a documentary about Mary Mackillop to give us an introduction to her story and history. We then split into two groups and headed off. At Mary Mackillop’s Place, we split up into different groups to explore Mary’s story through the galleries which are set among beautiful gardens and leafy courtyards. Our guide had special connection to Brigidine College Randwick as her aunty had been a Brigidine nun. We walked around with our friends and learnt about the formation of the Sisters of St Joseph and their contribution to education in Australia. It was fun and enjoyable playing with the interactive technology they had and going into the Old School House that took us back in time, to give us a greater look of the life and era that Mary of the Cross lived in.

After lunch we hopped back on the buses and headed off to St Patricks Church, at Church Hill. We gathered in a conference room where we were greeted by a guide. We then sat through a 1 ½ hour history lesson, which was extremely informative. St Patrick’s Church was built in 1844, it become the centre point of worship for Irish Catholics in the colony and has served the Catholic community of Sydney since then.
The church had amazing features to it like the impressive brass alter, beautiful stained glass windows, a stunning organ and many statues of French saints throughout the church.

We would like to thank all the teachers: Mrs Battley, Mrs Day, Mrs Ross, Ms O’Farrell, Ms Crowe, Ms Coleman, Ms Eves and Ms Christofides for giving up your time to take us on this educational excursion!

By Phoebe Horgan and Hannah Manning

SPORT NEWS
FANTASTIC NEWS
Jessica Thornton has competed in her 400m race at the Youth Olympics in Nanjing. Jessica came first in her heat and did a personal best time. She will go into the final qualifying with the fastest time. The final will be held on Saturday night approx. 10.35 and the Medal Ceremony Approx. 11.10
The best way to watch is www.olympic.org so get behind Jessica and show her your support she would love to know that we are all watching her!
SPORT AWARDS 2014
I would like to invite all parents and relatives to attend the Annual Sport Awards. At this ceremony we recognise the achievements of outstanding sports women and teams within the school over the past year.

It will be held in the Cullen Centre on Tuesday 26th August 11.30am-12.45pm.

Mrs Kate Elder
PD/H/PE Department

CGSSSA Athletics 2014
On Friday 15th August, 36 Brigidine students participated in the CGSSSA Athletics Carnival held at Sydney International Athletics Centre Homebush. We entered in both Track and Field events, achieving many fantastic individual performances, and our combined efforts resulted in 6th place overall.

The standard at the Carnival was very high. On the day, the girls were energetic and showed great sportsmanship and encouragement to all competitors. Despite the tough competition, the following girls managed to place in various events and came home with ribbons and medals:

Bridget O’Connell 17yrs: 1st - High Jump, 3rd -400m Dash
Ruby Vaingalo 16yrs: 1st - Shot Put
Monique Taukamo 16yrs: 1st - Discus Throw
Annalise Sutherland 16yrs: 1st - High Jump
Stephanie Grujoski 15-19yrs: 1st - 1500m Race Walk
Tully Votano 15yrs: 1st 90m Hurdles
Abby McCormic 12yrs: 2\textsuperscript{nd} 400m Dash
Lavina Taukamo 13yrs: 2\textsuperscript{nd} Shot Put, discuss & 3\textsuperscript{rd} open Triple Jump and 13 yrs Long Jump
Eliza Connolly 16 yrs: 2\textsuperscript{nd} 200m Sprint
Kathryn Materson 17yrs: 3\textsuperscript{rd} Long Jump
Tufeina Mahe 12yrs: 2\textsuperscript{nd} Shot Put
Brooke Srbinovska 15yrs: 2\textsuperscript{nd} Shot Put
Ruby Vaingalo 16yrs: 1\textsuperscript{st} Shot Put
Jamiee Wilson: 12yrs: 1\textsuperscript{st} place Javelin

Big congratulations to all our relay runners:
1\textsuperscript{st} - Intermediate Relay: 3rd – Junior Relay:

Tully Voltano Angela Jebb
Emily Atkins Lavinia Taukamo
Kira Connolly Abby McCormic
Darci Collins Isabella Slattery

Thank you to Mrs. Elder who also coordinated the Athletics Squad and field events on the day, Ms Michaels and students who helped out on the day, and the athletes who filled in for the sick or injured. Thank you, also, to the parents who came to watch and support the team.

Most of all, well done to our CGSSSA Athletics representatives! Good luck to our athletes who will compete in the CCC Carnival. We are proud of all your efforts and look forward to doing even better next year. Let’s field an even bigger team and enter every event!

Mrs Coleman
PD/H/PE Department
Science Week Brigidine - International Year for Family Farming
Science week will be held at Brigidine College in the week beginning September 15th. As in the past we will have the “Science Show” on the Main Quad at lunchtime. All students are welcome to attend.

Special events have been arranged for the following year groups to fall in and around this week.

Year 7 will be going to the Zoo to marvel at the wonders of the living world.

Year 8 will be participating in their own CSI investigation “A Case of Conspiracy” here at school. They will enjoy forensic testing of samples from a crime scene.

Years 9 & 10 will be entering a competition run by the UNSW during the week. They need to enter a photo that shows science in action. It attracts a substantial monetary reward and we wish the girls luck.

Science Results are now in for the Science Competition. The girls performed well again this year. Worth noting are the following 18 students who gained Distinctions.

Year 7
Kate Hamilton
Isabelle Cronan
Lucy De Pater
Isobel Funnell
Nicola Jones
Rosalie Nardo
Natalia Waterson
Fiona Zhang

Year 8
Lauren Eskin
Jaeme Last
Yasmene Placer

Year 9
Rhianna Frahill
Jennifer Hou
Holly Lockart

Year 10
Monique di Giovanni
Lowri Funnell
These girls will receive their certificates at the next full school assembly. The Science Department congratulates them.

Year 12 students should be actively applying for the many scholarships and cadetships offered through both universities and businesses. These are advertised frequently in the Career’s Bulletin that is emailed to the year 12 cohort. In previous years our students have benefitted greatly from these opportunities.

This is a reminder to parents that a new platform for Science education was launched by the ABC last year. It has many engaging learning tools available for free for our secondary science students. It is worth a look and adding to your favourites. The link is: http://splash.abc.net.au/secondary/science

Please find opportunities for students offered by UTS throughout the year and into next year in the flyer attached.

The Photo Competition link for science students is listed below. Financial rewards are significant. Good Luck.

http://www.science.unsw.edu.au/photocomp

A photo competition

Miss P Tapp
Science Department
<table>
<thead>
<tr>
<th>Target audience: Girls from Years 7 – 12</th>
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<tbody>
<tr>
<td><strong>Sydney Women in Engineering &amp; IT (SWIEIT) Speakers’ Program</strong></td>
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<tr>
<td>The SWIEIT Program takes current female engineering &amp; IT students and industry representatives into high schools all over NSW to share their journey into and experiences in engineering and IT and to run hands-on activities!</td>
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<tr>
<td><strong>Date:</strong> Feb – Dec each year</td>
</tr>
<tr>
<td><strong>Contact:</strong> WIEIT – (02) 9514 2602 or <a href="mailto:wie.it@uts.edu.au">wie.it@uts.edu.au</a></td>
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<tr>
<td><strong>Booking Required:</strong> YES by phone, email or fax – see the detailed brochure enclosed!</td>
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<tr>
<th>Target audience: Girls from Years 8 – 12</th>
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<tbody>
<tr>
<td><strong>Hands-On Day</strong></td>
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<tr>
<td>A chance for female students to spend a day on the UTS campus for an engaging, educational and often explosive look at engineering and IT. Students will learn from current students, industry representatives and academics and get an inside look at life as a female student and as a professional in these male-dominated fields!</td>
</tr>
<tr>
<td><strong>Date:</strong> 27 March &amp; 5 September</td>
</tr>
<tr>
<td><strong>Contact:</strong> WIEIT – (02) 9514 2602 or <a href="mailto:wie.it@uts.edu.au">wie.it@uts.edu.au</a></td>
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<tr>
<td><strong>Booking Required:</strong> YES by phone, email or fax. Bookings close 7 March and 20 August</td>
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<tr>
<th>Target audience: Students in Years 11 &amp; 12</th>
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<tr>
<td><strong>UTS Open Day</strong></td>
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<tr>
<td>All are welcome at the annual UTS Open Day, a chance to attend course talks, try your hand at a variety of activities and speak to staff and students about studying at UTS.</td>
</tr>
<tr>
<td><strong>Date:</strong> 30 August</td>
</tr>
<tr>
<td><strong>Target audience:</strong> Students in Years 11 &amp; 12</td>
</tr>
<tr>
<td><strong>Contact:</strong> Faculty Outreach Office on – (02) 9514 2666 or <a href="mailto:fel@uts.edu.au">fel@uts.edu.au</a></td>
</tr>
<tr>
<td><strong>Booking required:</strong> NO everyone is welcome – just come along!</td>
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<tr>
<th>Target audience: Students in Years 8 – 12</th>
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<tbody>
<tr>
<td><strong>Discovery Day</strong></td>
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<tr>
<td>A day-long on campus program designed to excite, engage and build aspiration for engineering and IT! Students participate in a series of hands-on activities, hear from students and young professionals and have the opportunity to learn from senior academics.</td>
</tr>
<tr>
<td><strong>Date:</strong> 18 July &amp; 5 December</td>
</tr>
<tr>
<td><strong>Contact:</strong> Faculty Outreach Office – (02) 9514 2666 or <a href="mailto:fel@uts.edu.au">fel@uts.edu.au</a></td>
</tr>
<tr>
<td><strong>Booking Required:</strong> YES by phone, email or fax. Bookings close 1 July and 20 November</td>
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<table>
<thead>
<tr>
<th>Target audience: Indigenous students and students from U@Uni Partner Schools in Years 10 &amp; 11</th>
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<tbody>
<tr>
<td><strong>U@Uni Summer School</strong></td>
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<td>A two-week long program for students from U@Uni partner schools. Over the course of the program, students who select the engineering and IT stream complete a major project in robotics, game design or networking. The program culminates in a graduation and an expo to display students’ achievements!</td>
</tr>
<tr>
<td><strong>Date:</strong> January school holidays (2015)</td>
</tr>
<tr>
<td><strong>Contact:</strong> Equity and Diversity Unit – (02) 9514 2148 or <a href="mailto:equity@uts.edu.au">equity@uts.edu.au</a></td>
</tr>
<tr>
<td><strong>Booking required:</strong> YES – by phone or email, read more at <a href="http://www.uts.edu.au/future-students/entry/equity/essential-information/about-school-programs">http://www.uts.edu.au/future-students/entry/equity/essential-information/about-school-programs</a></td>
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TAS NEWS

Congratulations to all of the Year 11 Hospitality girls who have completed a successful week at work placement experiencing hotels and restaurants such as Sheraton on the Park, The Westin Sydney, China Lane Restaurant, Catalina’s Rose bay and The Rock Pool. Each girl received high praise for her skills, enthusiasm and work ethic.

Hospitality Work Placement Reflection by Natalie Murray

During my week at work placement at the Coogee Crowne Plaza I have had an amazing experience. At first I was very nervous, seeing as it was my first time doing something like that, however right from the first morning to the last afternoon all of the hotel staff and kitchen team were extremely welcoming and very helpful. Before going to work-placement I had not decided on what career path I wanted to take, but being in this amazing atmosphere I now have no doubts that my dream now is to be a chef. I have learnt so much in such a short time and I think it is one of the greatest experiences I have had. One reason
I think that I had such a wonderful time is that I was working in such a high-end restaurant and yet they trusted me to do so many different jobs that I would never have thought I would be doing, like cooking main meals and plating up for customers. Everything was done to such a high standard and I am overwhelmed that they let me participate in this way. I especially enjoyed working in an environment with very experienced chefs, who have offered so much of their wisdom, and have constantly taught me new things that I will take with me throughout my career. To quote one of the chefs I worked with most of the week, who guided me through every aspect of becoming a chef (and who happens to be an ex-Brigidine student), "If I am to leave you with a piece of advice it is this: to keep loving what you’re doing and make sure you never stop learning new things."

YEAR 11 WORK PLACEMENT
On Monday 4 August the following Year 11 Business Services students completed their first week of Work Placement:
Chloe Couch, Ophillia Hess, Bree Mihalj, Georgia Scells and Maddison White.

The students came back to school with positive comments and happy to have put their knowledge and skills into practice. We are pleased to say that Georgia Scells, Maddison White and Bree Mihalj were asked to return after year 12.
We wish to thank the employers and their staff for their commitment and support. They are:
Belle Property Randwick, Randwick City Council, Taylor’s Real Estate, Aboriginal Health College and Infinite Health Chiropractic

Miss I Catanzariti
VET Teacher
DEBATING
What a fantastic debating season we have had this year! Thirty-one girls from Years 7 to 12 participated in the highly competitive Catholic Schools Debating Competition and 2014 proved to be one of our most successful seasons to date.

Girls who participated gave up their Friday nights to compete in the competition made up of more than 80 schools from Sydney and the outer suburbs. Well done to the girls in Years 8-12 who narrowly missed out on the quarter finals this year.

It cannot be without mention that our Year 7 debating stars represented Brigidine against Riverview in the grand final held at Loreto Kirribilli earlier this term. The debate was extremely close, and with a split decision the panel of adjudicators awarded Brigidine runners-up for the 2014 debating season. I am so proud of our girls and how well they have done this year; displaying skill, intelligence and dedication each and every week.

A special thank you to Ms Edmondson and Mrs Day for all of your support throughout the season. Ms Fairall, you have been an amazing mentor, coach and adjudicator for all of our debating girls especially year 7. Thank you for giving up your time to help the girls in any way you could. Thank you also to all of our adjudicators who give up their Friday nights to listen to our girls develop their speaking skills. Lastly, thank you to the parents who have supported their girls throughout the season this year.

Ms Lisa McColl
Debating/Public Speaking Coordinator

The Year 7 Debating Team (from L to R): Marcelle- Rita Zarzour, Mitra Mousavi, Rachel Wong, Chloe Walker, Sinead Hayes and Maisie Miles
The Debaters after their win at the Quarter-Finals!

The proud runners-up with Ms Edmondson after the very close Grand-Final Debate!
St Brigid’s Fire
Vinnies Night Patrol

The cold and rainy night of Wednesday Aug 20th was the last time that Year 12 2014 would be participating in the Night Patrol program.

Over the past 12 months the girls who have volunteered their time have provided hundreds of cups of coffee and friendly conversations to Sydney’s homeless.

As of next term, Year 11 will be given the opportunity to participate as we continue to head out once every month.

If any parents are interested in participating or would like to find out more about the program, please send an expression of interest to Mark Baldwin at mark.baldwin@syd.catholic.edu.au

Some girls who have participated in Night Patrol over the past 12 months reflect on their experiences:

Night Patrol is a great and rewarding experience – you meet some of the most interesting characters who keep you entertained! – Brenna Riley

It was eye opening to meet so many fascinating and interesting people who had simply been placed in more difficult situations than that of myself – Grace Kane

Night Patrol is something I’ve always wanted to participate in and when I got the chance I found it so rewarding and enjoyable. I would no doubt be a part of it again – Milly Wilson

Night Patrol was a very rewarding experience and I personally benefited very much from it – Georgia Forsyth

Night Patrol is a really rewarding, and a great learning experience that everybody can benefit from – Roisin Broderick

Ms Sarah Chaloner
Gallipoli Scholarship Fund Inc – 2015

Each year Gallipoli Scholarship Fund Inc. award up to seven scholarships, worth $5,000 each, to first year university students who are resident in NSW or the ACT. Applicants must also be lineal descendants of Australian service men and women who fought in either World I or World War II. In assessing suitability for an award, a 60% weighting is applied to financial need and a 40% weighting to education merit. The scholarship support does not extend beyond one year.

The Fund has been operating since 1998 and has awarded over 75 scholarships.

Full details on the scholarships as well as an application form can be found on our website: www.gallipolischolarship.org

SCHOLARSHIPS
HELPING CHILDREN TO A BETTER FUTURE

The Australian Veterans’ Children Assistance Trust (AVCAT) is a non-for-profit organisation, AVCAT administers scholarships to help children, and in some cases grandchildren, of the Australian ex-service community, with the costs of full-time education. The most deserving candidates are provided with financial assistance to facilitate their tertiary studies.

AVCAT relies on the generosity of the ex-service and business community as well as private donors. If you would like to find out more about supporting AVCAT or applying for a scholarship, please contact us:

T: 02 9113 1590  E: avcat@dva.gov.au  W: www.avcat.org.au

APPLICATIONS OPEN 18 AUGUST

"It means the world to me that someone I don’t know cares about my education and believes I have potential."
2014 Recipient
You are invited to an information evening on:

‘Resilience in all its forms’

Featuring Dr Sally Fitzpatrick (PhD, MCl in Psyh) is a Clinical Psychologist and researcher whose expertise lies in child anxiety and bullying.

Dr Fitzpatrick will present on “Developing Resilience in Primary School Children”.

She will discuss the importance of promoting strategies that parents and schools can use to develop resilient children. Dr Fitzpatrick will elaborate on steps that can identify if your child is being victimised and how to best deal with it at home and at school. She will cover ways to protect your child from being a victim or indeed a bully.

Come along to this fascinating one-off evening.

Dr Fitzpatrick is also the convenor of an exciting new research project taking place in our school. The purpose of the project is to evaluate two interventions that enhance students’ social and emotional learning and foster the prevention of bullying behaviours (Friendly Schools Plus and Cool Kids: Talking Control). Grades 3 and 4 students are currently being invited to participate.

Date: Tuesday 8th September
Time: 7pm
Place: Randwick Public School Hall, entrance and parking via Frances Street.
Cost: $5

---

Your name: __________________________
Your child’s name and class: ______________
Amount enclosed: ______________
A St Brigid’s Fire Notice:

2014 Blackmores Bridge Run

St Brigid’s Fire is inviting all students, family and friends to take part in the 2014 Blackmores Sydney Running Festival to raise money for Plan Australia.

The event will be held on Sunday 21 September 2014. This is your chance to run, jog or walk over the famous Sydney Harbour Bridge and finish triumphantly at the beautiful Sydney Opera House.

Don’t miss this chance to get outside, get active, and go the extra mile by fundraising for an amazing charity – Plan Australia.

Plan is one of the oldest and largest children’s development organisations in the world. The money that is raised by the Brigidine team will go directly to Plan’s "Because I am a Girl" campaign. This campaign was established to fight gender discrimination and to create a global social movement for positive and sustainable change in the lives of girls around the world.

If you would like to take part in this event please follow the steps below:

Instructions:

2. Follow the prompts to register as an individual
4. Click ‘Join Team’
5. Start fundraising for Plan Australia!
Careers News
Want to receive the latest Careers news on what interests your daughter? Want to quickly find the information to help them with their choices?
Go to www.jobjump.com.au and watch the 3 minute video on the top right hand corner.
Our school's password is: dogs

USyd Open Day - Sat 30th August
The University opens its doors to give students a chance to get a taste of University life and find out more about studying at Sydney.

University of Technology Sydney (UTS) Scholarships 2015
UTS Has over 1,000 scholarships available each year. To view these scholarships, visit:

TAFE & Apprenticeships
Women in Trades Video Channel at SkillsOne
This online series of videos shows the range of trades that women are involved in around Australia.

Skillset
Skillset offers online information for apprentices and trainees looking to find employment. They also offer a group apprenticeship program which places apprentices and trainees with host employers.

Private Colleges
Coco Republic Upcoming Events and Classes
Colour for Interiors Masterclass: Sat 23rd August
Styling Savvy 301 (Accelerator): Mon 25th August – Sat 30th August

Australian Film and TV Radio School (AFTRS) Open Day
Sat 6th September, Building 130, The Entertainment Quarter, Moore Park, Sydney
Speak to staff and students, view the facilities and find out how to prepare an application to study at AFTRS.
http://www.aftrs.edu.au/events/aftrs-open-days

Gap Year, Volunteering and Student Exchange
Latitude Global Volunteering Ultimate Gap Year Competition
Latitude Global Volunteering Ultimate Gap Year Competition will provide an all-expenses paid trip to volunteer as a teacher in Fiji and China. To enter the Competition, like the Latitude Global Volunteering – Australia Facebook page and create a short video telling latitude why you want to win the Ultimate Gap Year competition.
https://www.facebook.com/latitudeaustralia

Other News
Professional Cadetships Australia
**Graduate Opportunities 2014 eBooks**
Graduate opportunities have a number of eBooks available that provide industry profiles and employer information revealing post-university career options.
http://www.graduateopportunities.com/free-downloads/ebooks/

**My Health Career**
Find out more about careers in the health industry and the duties and responsibilities of a health care professional.

**ACTU Worksite**
This website aims to provide information to young people about their rights at work. The site contains videos, articles, quizzes and more on what your rights are at work.
http://worksite.actu.org.au/

**Mr Grant McIntosh**
**Careers Advisor**

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**UNIFORM NEED ALTERING?**
Too long, too tight, elastic not right? I have over 50 Years experience in sewing and doing alterations and now I do them for my Grandson’s uniforms! If you need prompt, affordable help with making those uniforms fit just right, please call me. I can also come to the uniform shop if you need help with fitting. Tina 9399 8009 or 0410 540 084
Health Psychology Unit

Managing HSC Stress Program

The Higher School Certificate can be stressful for many students. However, there are things that you can do to get through Years 11 and 12 with less stress and reduce the impact that stress has on your academic performance.

The UTS Health Psychology Unit has been running Managing HSC Stress programs for many years now, and is pleased to be able to offer this program again in Term 3 2014.

The Managing HSC Stress program is a group program that assists students to better manage the stress of the HSC by teaching a broad range of skills that can be helpful in any stressful situation. Students also have the opportunity to learn from and assist each other.

The program can also be useful for students who are struggling with anxiety, low self-esteem or low mood.

When? Monday afternoon
25th August, 1st September, 8th September, 15th September

Time? 4 – 5.30pm
Afternoon tea will be provided.

Where? Health Psychology Unit
Ground Floor, 174 Pacific Highway
Greenwich
The Health Psychology Unit is a 5-10 minute walk from St Leonards train station. Buses 252 and 290 stop right out the front. Metered & time-limited street parking is available in surrounding streets.

Cost? $90.00 ($22.50 per session)
Private Health Insurance may apply.

Register? Registration is essential as numbers are limited. To register call 9514 4077 or email HealthPsychology@uts.edu.au
THE WORLD OF MUSIC

featuring

THE SYDNEY MALE CHOIR

and

special guest artist

YVONNE KENNY

SYDNEY TOWN HALL

2:00 pm
Saturday 30 August 2014

For tickets and further information go to: www.sydneymalechoir.com.au
or phone: Gary Withyman 0407 913 455

Adults $40, Concessions $35, Groups (10+) $30.
ONE-DAY RETREAT
SATURDAY, 23 AUGUST 2014
FOR 16-35 YEAR OLDS
ST JOSEPH’S PARISH, ROSEBERY
$40 INC. LUNCH

VERBUM DEI CATHOLIC MISSIONARIES
9313 7099 | verbumdeisydney@gmail.com
Girlfriend Event

THE MUST-ATTEND EVENT FOR TEEN GIRLS THAT WILL INSPIRE, EDUCATE AND ENTERTAIN. CELEBRITIES, GUEST SPEAKERS, DEMONSTRATIONS, MUSIC AND DANCE PERFORMANCES.

THIS ONE-DAY EVENT IS NOT TO BE MISSED!

**Speakers:**
- **Monique Coleman**
  Disney’s High School Musical star and United Nations Youth Champion, Skywalking in from New York
- **Trent Maxwell**
  Bondi Rescue star, Founder of Bad Max Clothing Design and ambassador for Headspace, working to prevent teen suicide
- **Chloe Morello**
  YouTube makeup queen
- **Talia Fowler**
  The first female winner of So You Think You Can Dance Australia 2009
- **Sarah Tan**
  Girlfriend magazine editor
- **Kate Johnson**
  Mrs Australia International 2014, charity ambassador and model
- **Brett Murray**
  International author and the nation’s #1 anti-bullying campaigner
- **Ewena O’Neill**
  International lifestyle blogger
- **Dhake Spellman**
  Life coach, mind detox therapist and speaker
- **Charlisa de Haas**
  Author, health coach and creator of Clean Treats

**Home and Away Star Andrew Morley [Spencer] will be interviewed on stage. All VIPs will have a private meet-and-greet with the star.**

**Date:**
Saturday 6th September 2014

**Venue:**
PADDINGTON TOWN HALL 249 Oxford Street

**Time:**
10am–5pm

**Tickets:**
- **$45 Value**
  (Back row seating, gift bag valued at $150 and six-month subscription to Girlfriend magazine)
- **$99 General**
  (Middle row seating, gift bag valued at $150 and six-month subscription to Girlfriend magazine)
- **$150 VIP**
  (Front row two seating, gift bag valued at $220, six-month subscription to Girlfriend magazine and personal meet-and-greet with Home and Away star Spencer)

GO TO BEAUTIFULMINDS.COM.AU FOR TICKET PURCHASE.
ALL NOTICES WILL NOW BE IN NEWSLETTER FOR 2 MONTHS ONLY UNLESS REQUESTED TO KEEP THE AD GOING

UNIFORM ITEMS FOR SALE