Applications are now open for the

**headspace Bondi Junction Family & Friends Reference Group**

Are you a parent or carer of a young person 12 to 25? Are you over 25 and interested about youth mental health? Do you have something to say about health, mental health and drug and alcohol issues?

**What is the headspace Bondi Junction Family & Friends Reference Group?**

headspace is providing family and friends of young people with the opportunity to be heard and be active around youth mental health. There are a number of roles you can play in the **headspace Bondi Junction Family & Friends Reference Group**, including:

- Promoting headspace to parents and young people
- Assisting with fundraising activities
- Raising awareness of mental health issues
- Input to parent support and education

By getting involved you will:

- Have the opportunity to have your say
- Develop new skills
- Meet other parents and carers
- Make a difference to youth mental health
- Help improve our Centre

**headspace** Bondi Junction can be flexible about how you can be involved including quarterly meetings, Facebook, email and events.

**Who can apply?**

We are looking for people who are parents, carers or friends and that are over 25 years of age.

**We want you to apply if:**

- you are a friend, carer &/or family member of someone who has/or had a mental illness or drug addiction
- you are interested in youth mental health issues & want to make a difference.

The Centre is also keen to hear the voices of Indigenous people, people from different cultural backgrounds, people from rural and remote areas, gay, lesbian, bisexual, transgender, intersex or queer people, and people who have experienced homelessness.

**How do I get involved?**

Complete the application form and email it to bondijunctionheadspace@health.nsw.org.au or you can post it to 20 Bronte Rd, Bondi Junction, 2022 or call on (02) 9366 8800

Once we have received your application we will arrange a time to talk with you about the Reference Group and how you would like to be involved.

**APPLICATIONS CLOSE Friday 4th August 2016**
Family & Friends Reference Group Application Form

Personal Details

Name
Phone
Email
Address
Over 25 years
Sex

About You

Please tell us a bit about yourself?

Please describe your areas of interest?