THE CAMBODIA OVERVIEW

The Cambodia Immersion presents the opportunity for participants to experience the urban and rural cultures of Cambodia. This immersion begins in Phnom Penh where you will visit the Royal Palace and Silver Pagoda, two of the finest examples of Khmer architecture. Throughout the trip you will gain insight into the history of Cambodia, particularly through visiting the Killing Fields where you will gain an appreciation of the struggle that Cambodian people have faced and their tremendous courage to move on and rebuild their nation.

During the Immersion you will visit and volunteer at Banteay Prieb Vocational Training Centre and home for individuals with physical disabilities, polio, and landmine victims. Programs at Banteay Prieb impart skills and values that enhance student's dignity and lay the groundwork for self-reliance. In Battambang and Siem Reap participants will work to improve the livelihood of local communities through activities such as building toilets, planting trees and interacting with children at village schools.

CAMBODIA ITINERARY

Day 1  Depart Sydney for Phnom Penh
Day 2  Half day tour of National Musuem
Day 3  Half day tour of the Royal Palace, and Killing Fields
Day 4  Visit Banteay Prieb Vocational Training Centre
Day 5  Depart Phnom Penh to Battambang
Day 6  Battambang working with Jesuit Ministries
Day 7  Battambang working with Jesuit Ministries
Day 8  Battambang working with Jesuit Ministries
Day 9  Battambang working with Jesuit Ministries
Day 10  Depart Battambang for Siem Reap
Day 11  Tour Angkor Wat Temple Complex
Day 12  Siem Reap working with Jesuit Ministries
Day 13  Siem Reap working with Jesuit Ministries
Day 14  Siem Reap working with Jesuit Ministries
Day 15  Depart Siem Reap. Arrive back to Sydney

Hurry, places are limited!

FOR MORE INFORMATION

E: immersions@thecardonerproject.org
M: 0427960918 (Cathy Hammond)
M: 0433419300 (Sue Walsh)
14 Jan-31 Jan 2017
1 Feb-18 Feb 2017

$5500

**COST INCLUDES**

- All Air and land transport
- Departure Taxes
- All Accommodation
- T-shirt
- Local guides
- Most meals
- Briefing and debriefing materials
- Contributions to Host Community
- Debriefing upon return from immersion

**EXCLUDES**

- Travel Insurance
- Visa

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*MEXICO OVERVIEW*

The Mexico Immersion is run in association with Esperanza International enabling participants to experience the local culture whilst assisting with the construction of homes for the poor communities of Tijuana. There will be opportunities to visit the local orphanage, Fr Jaime’s Clinic, and Soup Kitchen.

In Los Angeles, participants will tour Homeboy Industries to gain an understanding of how social enterprise works. Here they will meet young men and women who have left gang involvement to form strong communities and discover their future.

This Immersion highlights the injustice of Tijuana’s situation, but also reveals the love and compassion of the people who run these organisations, and who strive everyday to make their city a better place.

**MEXICO ITINERARY**

**Day 1**
Depart Sydney for Los Angeles,

**Day 2**
Depart Los Angeles for Tijuana, arrive and orientation

**Day 3**
Local activities

**Day 4**
Day trip to school for disadvantaged children

**Day 5**
Visit Rosarito Market and visit Mission Soup Kitchen in the evening

**Day 6**
Construction in the community

**Day 7**
Construction in the community and border tour in the afternoon

**Day 8**
Construction in the community and visit orphanage

**Day 9**
Construction in the community

**Day 10**
Visit Fr Jaime’s clinic, and the Maquiladora

**Day 11**
Soup Kitchen and construction in the community

**Day 12**
Day of rest and reflection

**Day 13**
Depart Tijuana for Los Angeles

**Day 14**
Visit Homeboy Industries

**Day 15**
Sightseeing

**Day 16**
Depart Los Angeles for Sydney

**Day 17**
In Transit

**Day 18**
Arrive back to Sydney

Hurry, places are limited!

**FOR MORE INFORMATION**

E: immersions@thecardonerproject.org

M: 0427960918 (Cathy Hammond)

M: 0433419300 (Sue Walsh)
Nepal Overview
This Immersion begins in Kathmandu where participants undertake a variety of service and cultural activities that promote reflection. Each morning you will work with Mother Teresa’s order of nuns: the Sisters of Charity, in their home for the destitute at Pashupatinath Temple, the holiest site in Nepal.

In the afternoons, Fr. Greg Sharkey, a Jesuit expert on Buddhism, will be your guide through the complex history, culture and politics of Nepal. A short course in meditation from a Buddhist monk will also be offered.

Part two of the Immersion sees you embark on the physically challenging, yet awe-inspiring trek high into the Himalayas to visit a small Jesuit-run school for Sherpa children, before returning to Kathmandu. Each night is spent with the generous hospitality of locals in tiny villages, where you will stay in basic accommodation known as tea lodges.

The Nepal Immersion is an intense and moving experience, and you will be required to have a high level of fitness to participate.

Nepal Itinerary

Day 1  Depart Sydney for Kathmandu
Day 2  Work with Sisters of Charity at Pashupatinath Temple
Day 3  Work with Sisters of Charity at Pashupatinath Temple
Day 4  Work with Sisters of Charity at Pashupatinath Temple
Day 5  Depart Kathmandu and transfer to Gatlang
Day 6  Trek Gatlang to Sombang
Day 7  Trek Sombang to Pangbsang
Day 8  Trek Pansand to Tippling
Day 9  Trek to Tippling
Day 10  Trek to Tippling
Day 11  Trek Tippling to Perso
Day 12  Trek Ghyangsang to Kathmandu
Day 13  Kathmandu
Day 14  Rest and Reflection
Day 15  Depart
Day 16  Depart for flight back to Sydney
Day 17  Arrive back in Sydney

Hurry, places are limited!

For More Information
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M: 0433419300 (Sue Walsh)

* cost and itinerary may be subject to change due to fluctuations of airline cost and availability of the locations and weather.
5-22 Jan 2017  
February 2017

$4500

COST INCLUDES:

- All Air and land transport
- Departure Taxes
- All Accommodation
- T-shirt
- Local guides
- Most meals
- Briefing and debriefing materials
- Contributions to Host Community
- Debriefing upon return from immersion

EXCLUDES

- Travel Insurance
- Visa

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VIETNAM/THAILAND OVERVIEW

Since its foundation, The Cardoner Project has sought to engage communities overseas in undertakings that seek to express a recognition and respect for excluded, and disadvantaged groups.

The Vietnam and Thailand Immersion presents the opportunity for participants to experience the urban and rural cultures of each country. In Vietnam, participants will stay at St. Vincent Dei Orphanage, assisting the Sisters with a variety of activities and caring for the children. The Immersion will continue to Thailand, as participants work with the Karen community in order to help contribute to improving the living conditions of this local hill tribe.

Throughout the trip, the group will also gain insight into the history of Vietnam and Thailand.

VIETNAM/THAILAND ITINERARY

Day 1  Depart Sydney for Hanoi
Day 2  City tour and overnight in Hanoi
Day 3  Depart on overnight train to Dong Hoi
Day 4  Transfer to Saint Vincent Dei Centre for Disabled Children
Day 5  Service at Saint Vincent Dei Centre for Disabled Children
Day 6  Service at Saint Vincent Dei Centre for Disabled Children
Day 7  Service at Saint Vincent Dei Centre for Disabled Children
Day 8  Visit the Sister’s social enterprise, partly sponsored by TCP
Day 9  Canoeing expedition to Phong Nha Caves
Day 10  Flight to Chiang Mai
Day 11  Transfer to Huay Tong Village
Day 12  Construction/service work in Huay Tong Village
Day 13  Construction/service work in Huay Tong Village
Day 14  Construction/service work in Huay Tong Village
Day 15  Transfer to Mae Pon & assist local community
Day 16  Assist local community
Day 17  Return to Chiang Mai & Depart for Sydney
Day 18  Arrive in Sydney

Hurry, places are limited!

FOR MORE INFORMATION

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* Cost and itinerary may be subject to change due to fluctuations of airline cost and availability of the locations and weather.